

2. Bombshell Blonde – Advanced

Choreography: Taylor McCormick

- 8 Kick out from back whip swing little swing big
- 8 Taffy around up 1-4, lay back 5-8
- 8 Walk turn 1-4 toss look front 5-8
- 8 Hop slice knee up turn back 1-4, knee up again 5-8, flash 7-8
- 8 Toss illusion swing behind 7-8
- 8 Swing section turn hand over eye
- 8 Horizontal finger twirls into illusion
- 8 Neck wrap hor 2 spin
- 8 Loop horizontal loop leap 3-4 pass 5-6 box to knee 7-8
- 8 Knee spin with toss 1-2 cat roll 3-4 up 5-8
- 8 Jazz walk 1-4 push 5-6 cartwheel 7-8
- 8 Double elbow layout 1-4 elbow trap 5-8
- 8 Repeat from swings
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Butterfly spy spin
- 8 Pop back catch 1-4, look spy 5-8
- 8 Hitch kick 1-4, down pose 5-6, walk back 7-8
- 8 Skater spin 1-4, attitude jump pose 5-8

3. Just Keep Breathing – Advanced

Choreography: Laura Kirkman and Kryztal Vazquez

- 8 Pose 1-4, whip back flash 5-8
- 8 Reverse fan with head scratcher 1-4, one spin fan 5-8
- 8 Catch into illusion 1-2, right bkhd turn catch with same hand 3-6, flash 7-8
- 8 Illusion 1-4, drop to side in pose 5-6, stand up horizontal pose 7-8
- 8 Loop pass overhead 1-2, back wrap 3-4, horizontal finger twirls 5-8
- 8 Finger twirls 1-4, box horizontal 2 spin 5-8
- 8 Pose 1-2, sauté 3-4, roll to pose 5-8
- 8 Head up 1-2, body up 3-4, turn pass over head 5-6, egg beater roll 7-8
- 8 Standing box toss into head kick 1-4, turn 5-6, wrap around roll 7-8
- 8 Repeat beginning after pose
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat through horizontal 2 spin
- 8 Cut across pose on toes 1-2, flash step back 3-4, chasse fire bird leap 5-8
- 8 Step step 1-2, drag spin 3-4, side chasse with flash 5-6, toss one spin with arm up 7-8
- 8 Loop head hit 1-2, tuck baton under arm 3-4, final pose

4. Have Some Fun – Beginner/Intermediate 1/2 Baton

Choreography: Kryztal Vazquez and Taylor McCormick

- 8 Pop 1-2 w/batons under chin, slice out 3-4, fake neck wrap 5-8
- 8 Push out 1-2, switch hips 3-4, pushback 5-6, pivot 7-8
- 8 Prissy walk 1-4, tuck jump 5-8
- 8 Slide to end loop down 1-2, high 3-4, pull across baton 5-8
- 8 Pass behind head w/spin w/jump out 1-4, A) thumb flip backhand 5-8
- 8 A) thumb flip to back 1-2, shake B) start on 3 – 8
- 8 Both groups face front on 1-2, flash into ground roll 3-8
- 8 Car roll 1-4, off the floor with 2 batons (same hand)5-6, flash both 7-8
- 8 Single release 1-4, L backhand 5-8
- 8 Pivot L backhand 1-4, flash 5-6, toss pass pass 7-8
- 8 Catch 1-2, pose 3-4, chasse w/hizontals 5-8
- 8 Chasse w/hizontals 1-4, turn w/hizontals 5-6, box 7-8
- 8 Horizontal toss to front pass 1-2, toss to side 3-4, pass under leg 5-8
- 8 Toss to side 1-2, box 3-4, toss neck wrap 5-8
- 8 Cross over illusion w/pass 1-4, back butterfly w/passé 5-8
- 8 Repeat single release to “L” pose
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Still repeat but don’t pass under illusion this time 1-4, flash 5-8
- 8 Back wheel 1-4, flash 5-8
- 8 Toss slide to end pass over shoulder 1-6, double flash 7-8
- 1 Slice down

6. Alive – Intermediate

Choreography: Kryztal Vazquez

- 8 Hold 1-4, reach up 5-8
- 8 Flash 1-2, spin 3-4, fan kick 5-6, slice down 7-8
- 8 Big loop back 1-2, pass backhand 3-4, thumb flip 5-6, toss catch on back 7-8
- 8 Chasse leap, step step
- 8 Passé push back pose 1-4, chasse 5-8
- 8 Reverse fan 1-4, pass under elbow 5-6, arms out 7-8
- 8 Reverse flash 1-4, spin w/coupe 5-8
- 8 Roll over shoulder 1-2, illusion 3-6, slide pose 7-8
- 8 Push back 1-2, baton under arm 3-4, present 5-6, slide over head 7-8
- 8 Jump, pass backhand 1-2, pose arm out 3-4, A)swivel 5-6, kick 7-8
- 8 Back wheel 1-2, flash 3-4, toss w/arms up one spin 5-8
- 8 Flash to floor 1-4, R leg fan across back 5-8 together
- 8 A) push leg through 1-4, roll over knees 5-8
- 8 Off floor 1-4, flash 5-6, blt toss, B) group begins on 5
- 8 B) roll over knees 1-4, off floor 5-8 A) flash 1-2, back wheel 3-4, flash 5-6, follow thru 7-8
- 8 Flash 1-2, toss 3, chasse 4-5, catch 6, kick 7-8
- 8 Big loop 1-2, pass under leg 3-4, backhand toss 5-6, LTF 7-8
- 8 Flash 1-2, cut out 3-4, catch 5-6, passé turn 7-8
- 8 Flash 1-2, paddle paddle 3-4, pop off hand 5-6, catch 7-8
- 8 L retraction 1-4, flash 5-6, follow thru 7-8
- 8 Repeat big loop thru passé turn
- 8
- 8 R retraction 1-4, move into pose 5-8

7. Feel this Moment – Intermediate

Choreography: Laura Kirkman

- 8 Hold 1-4, swing baton 5-6, toss under leg 7-8
- 8 Catch 1-2, loop baton and turn around in slight sit 3-4, whip up 5-6, slide baton to end and toss behind back
- 8 Catch L handed 1-2, turn to front and loop backwards 3-4, back handed toss over head to R side 5-6, loop behind 7-8
- 8 Arm roll 1-2, behind the back toss catch R 3-6, turn to front and pull up to whip 7-8
- 8 Thumb flip high toss 1-2, bow 3-4, catch 5-6, drag spin over your L shoulder 7-8
- 8 Low hip swings facing L wall 1-2, big swing turning to the front 3-4, toss under L leg 5-6, catch under R leg kick 7-8
- 8 Turn over L shoulder to face R wall 1-2, L arm out R thumb flip under it 3-4, twist and face back while pushing arms out 5-6, catch baton 7-8
- 8 Turn to L with head scratcher 1-2, R thumb flip 3-4, coupe turn with L arm up 5-6, catch 7-8
- 8 Swing baton into L back kick and hit foot w/baton 1-2, tuck baton under arm and pose in R lunge 3-4, horizontal swing over head and pull feet together 5-6, waist wrap 7-8
- 8 Hitch kick to L angle 1-2, whip up 3-4, back flash 5-6, whip up to front 7-8
- 8 Double elbow roll catch L hand 1-2, turn to back and do L hand thumb flip to R hand 3-6, turn to front and pull up 7-8
- 8 One turn back hand catch 1-4, pull right arm over 5-6, left thumb flip to right 7-8
- 8 Pull up into pose 1-4, REPEAT from beginning : swing baton 5-6, toss under leg 7-8
- 8 Catch 1-2, loop baton and turn around in slight sit 3-4, whip up 5-6, slide baton to end and toss behind back
- 8 Catch L handed 1-2, turn to front and loop backwards 3-4, back handed toss over head to R side 5-6, loop behind 7-8
- 8 Arm roll 1-2, behind the back toss catch R 3-6, turn to front and pull up to whip 7-8
- 8 Thumb flip high toss 1-2, bow 3-4, catch 5-6, drag spin over your L shoulder 7-8
- 8 Low hip swings facing L wall 1-2, big swing turning to the front 3-4, toss under L leg 5-6, catch under R leg kick 7-8
- 8 Turn over L shoulder to face R wall 1-2, L arm out R thumb flip under it 3-4, twist and face back while pushing arms out 5-6, catch baton 7-8
- 8 Turn to L with head scratcher 1-2, R thumb flip 3-4, coupe turn with L arm up 5-6, catch 7-8
- 8 Swing baton into L back kick and hit foot w/baton 1-2, tuck baton under arm and pose in R lunge 3-4, horizontal swing over head and pull feet together 5-6, waist wrap 7-8
- 8 Hitch kick to L angle 1-2, whip up 3-4, back flash 5-6, whip up to front 7-8
- 8 Double elbow roll catch L hand 1-2, turn to back and do L hand thumb flip to R hand 3-6, turn to front and pull up 7-8

- 8 One turn back hand catch 1-4, pull right arm over 5-6, left thumb flip to right 7-8
- 8 Whip to front 1-2, one turn with hands on hips 3-6, inside illusion 7-8
- 8 A) drop to one knee with L leg out and do a toss with arms coming down B) high toss with arms coming down, stay standing 1-4, A) sit on butt swing arms around head and end lying on back with arms out. B) right back kick with head scratcher, end facing back with drag to right, looking down at left hand 5-8

9. Remix – Beginner

Choreography: Stacey Kornegay

- 8 Face back 1-4, hip shake 5-8
- 8 A) slide to end, loop, neck wrap pose B) Keep shaking
- 8 B) same as above A) shakes
- 8 Chasse w/flash front hand spin -4, chasse pass behind back 5-8
- 8 Arm roll, rev arm roll 1-4, pose, shoulder shakes 7-8
- 8 Knee up 1-2, chasse 3-4, step across 5-6, flip 7-8 place on shoulder
- 8 Spin w/baton under chin 1-2, jump out 3-4, kiss with hips 5-6, shimmy 7-8
- 8 Swing over head 1-2, down low 3-4, up high 5-6, neck wrap 7-8
- 8 Box 1-2, pass around knees 3-4, drop catch 5-8
- 8 Box toss w/hips 1-6 pass under chin to guitar
- 8 Guitar w/step across and out 1-4, reverse loop into pose 5-8
- 8 Back line repeat
- 8 Swing front 1-2, swing back 3-4, swing front 5-6, little little 7-8
- 8 Big swing 1-2, face back w/ underwrist toss 3-4, turn front flash 5-8
- 8 One spin 1-4, step pull step pull 5-8
- 8 Airplane turn 1-2, jump out 3-4, turn head 5-6, shakes 7-8
- 8 Switch lines w/3 step turn 1-4, step together w/clap 5-8
- 8 Repeat swing section
- 8
- 8
- 8
- 8 Switch lines back with 3 step turns and step together
- 8 Flash 1-2, step across with back wheel 3-4, chasse 5-6, step across 7-8
- 8 Flash 1-2, elbow roll 3-4, step together with arm slices 5-8
- 8 Push baton down body to floor 1-3, look up 4, roll 5-8
- 1 Front line – head back in pose / back line – hit pose

10. Pom Poms - Beginner

Choreography: Taylor McCormick

- 8 Hold 1-2, rev horizontal step together 3-4, hold 5-6, flash 7-8
- 8 L knee R hand, switch, switch 1-4, snap 5-6 face back 7-8
- 8 Shake L, R, L 1-4, circle over 5-8
- 8 Repeat knees 1-4, pop back slice baton 5-8
- 8 A) chasse butterfly back scratcher B) hold
- 8 A) hold B) do same as above
- 8 A) twist twist baton up down 1-4, flash down 5-8 B) hold
- 8 A) Hold B) repeat above
- 8 Step snap 1-2, rev under chin 3-4, horizontal hop out 5-8
- 8 Neck wrap 1-4 pass spin 5-8
- 8 Chasse front hand spin 1-4, rev chasse pass behind back 5-8
- 8 Butterfly swing elbow pass
- 8 A) roll down body 1-4 B) 5-8
- 8 Big swing head scratcher, big swing 2 hand head pass
- 8 Pass under leg flip to back 1-6 slice to front 7-8
- 8 Pass under chin 1-2, box horizontal toss 3-6 back to beginning pose 7-8
- 8 Repeat from beginning
- 8
- 8
- 8
- 8
- 8
- 8
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- 8
- 8
- 8
- 8
- 8 After spin A) roll down body 5-8
- 8 B) roll down body 1-4 pop out pose 5

11. Don't Stop the Party – Beginner

Choreography: Stacey Kornegay, Laura Kirkman and Kryztal Vazquez

- 8 Cute walk to spread out 5-8
- 8 Arms up to R and L 1-2, arms down R to L 3-4, axel jump land in squat with arm down 5-8
- 8 Step L foot out in front flexed then back 1-2, body pops 3-4, whip up 5-6, one turn 7-8
- 8 Catch 1-2, jump out 3-4, push baton out to L then push L hand to R with bend arm and wrist 5-6, bounce arm across and fan self 7-8
- 8 Step passé 1-2, pass over arm 3-4, move to behind each other 5-8
- 8 Step out and down 1-2, snake in 3-4, snap 5-6, turn and face each other 7-8
- 4 Hold 1-2, A) drop B) points baton out 3-4
- 8 A) rolls B) kicks over 1-2, stand up, cute walk to split lines 3-8
- 8 Whip 1-2, back flash 3-4, whip 5-6, prep to side for can opener 7-8
- 8 Can opener 1-2, whip up 3-4, thumb flip with turn pose catch 5-8
- 8 Back scratcher to front 1-2, loop around into pose 3-4, walk to middle pose 5-8
- 4 Silly poses with 4 count break
- 8 Cute walks out
- 8 REPEAT arms up to R and L 1-2, arms down R to L 3-4, axel jump land in squat with arm down 5-8
- 8 Step L foot out in front flexed then back 1-2, body pops 3-4, whip up 5-6, one turn 7-8
- 8 Catch 1-2, jump out 3-4, push baton out to L then push L hand to R with bend arm and wrist 5-6, bounce arm across and fan self 7-8
- 8 Step passé 1-2, pass over arm 3-4, move to behind each other 5-8
- 8 Step out and down 1-2, snake in 3-4, snap 5-6, turn and face each other 7-8
- 4 Hold 1-2, A) drop B) points baton out 3-4
- 8 A) roll B) kicks over 1-2, stand up, cute walk to split lines 3-8
- 8 Whip 1-2, back flash 3-4, whip 5-6, prep to side for can opener 7-8
- 8 Can opener 1-2, whip up 3-4, thumb flip with turn pose catch 5-8
- 8 Swing salsa walk 1-4, loop under leg catch L 5-8
- 8 L thumb flip catch R to back 1-2, turn to front and shoot L arm up 3-4, drop to squat 5-6, turn to front 7-8 ending pose

12. Starships” (band) – Beginner

Choreography: Kryztal Vazquez

- 8 Flash 1-4, loop at back 5-8
- 8 Loop front 1-2, neck wrap 3-4, L to R 5-6, flash 7-8
- 8 Toss, chasse 1-6, pass 7-8
- 8 Slide to end 2 big loops 1-4, toss under kick 5-8
- *8 Follow thru 1-2, pass over head 3-4, flash cut back 5-8
- 8 Follow thru 1-2, flash 3-4, one spin 5-8
- 8 Loop 1-2, reach 3-4, bow roll 5-6, pop up 7-8
- 8 Backhand 1-4, jump to back 5-8
- 8 L to R 1-2, flash to front 3-4, rainbow 5-8
- 8 Rev fig 8 w/slide 1-4, pass back wheel 5-8
- 8 Flash 1-2, toss 3-4, pose 5-6, catch 7-8
- 8 A) slide to end loop 1-2, turn loop loop 3-4, roll over shoulder 5-6, toe floor touch 7-8
- 8 B) repeat
- 8 Reverse loop at back 1-4, RTF mini kick 5-6, rev loop 7-8
- 8 Repeat from follow thru *
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat
- 8 Repeat, flash toss catch
- 8 Reverse loop at back 1-4, mini kick w/thumbflip 5-6, into dig 7-8