

All Night Long
Level 2 Jazz

Choreography By: Kali Boyd, Lindsay Early, Caitlin Hendricks, Hayley Hoffman,
Amanda Philio

Begin in 3 groups, squat facing outside or center.

- 8 Hold 1-4, stand head down arms by side 5-7, head front 8
- 8* Hands to hips R shoulder in & out 1-4, bounce step L press around to flex 5-6, circle L down dig 7-8
- 8* Groups F-B 1/5: L slice to top of head 1-2, step R relevé twist RL 3-4, turn over L & T 5-6, sit R arms back 7-8
- 8 Finish groups 1-4, hip roll 5-6, double hips 7-8
- 8 Transition to staggered lines: walk facing back hands to hips 1-4, touchdown 5-6, pivot L slice open to face front 7-8
- 8 Walking forward T 1-2, wrap 3, L up R clean 4, Groups by lines 5/6/7: face side drop arm & look away 5, finish 6-7, look front 8
- 8 Groups 1/3: prep 1-2, pirouette 3-4, jump 2nd wrap 5, tuck 6, hold 7-8
- 8 Jump 2nd 1-2, snake R 3-4, L or finish groups 5-6, jump cross 7, throw back 8
- 8 Ripple: Step R face diagonal roll fingers to fist 1-4 step L and cross 5-6, side shoulder level ear to shoulder dig R 7-8
- 8 Step R cross 1-2, R up dig 3-4, switch & ball change L 5-6, step L 7, jeté 8
- 8 Land cheer 1-2, jump 2nd arms side 3-4, relevé arms clasp above head 5, drop L elbow sit L 6, shake hips 7-8
- 8 Transition to triangle: throw R around & pivot R back 1-2, walk facing back roll wrist & snap 3, elbows in 4, repeat 5-8
- 8* Party arms circle to side 1-2, drop 3, look front 4, roll shoulders 5-8
- 8* Groups 1/3/5: tendu R cross 1-2, chaîné turn 3-6, two steps 7-8
- 8* Battement 1-2, drop 3-4, rond de jambe L 5-6, floor 7-8
- 8 Roll to back 1, L our rest on knee 2, finish groups 3-6, circle wrist 7-8
- 8 Roll to stand 1-4, step L slice R 5-6, step R sit in L hip 7-8
- 8 Groups in diagonals L-R 1/3/5: hands press hips 1, drop over 2, finish groups 3-6, snake up 7-8
- 8 Chassé R & T 1-2, wrap 3-4, pose up or down 5-6, switch 7-8
- 8 Transition to staggered lines: R to ear L to low diagonal 1-2, switch 3-4, reach front 5-6, hands to pockets 7-8
- 8 Ripple L-R: cross R unwind arms up then down to drop over 1-8
- 8 Ripple R-L: cross L slicing R to roll down to low diagonal 1-8
- 88888 Repeat * until rond de jambe R 5-6, look L hand on hip

Animal
Level 2 Field Hoopla
Choreography By: Darby Boyd
Demonstrated By: Taylor Pacesetters

Begin in block of 3 lines.

- 8 Hold 1-2, shake 3-4, stand up arms up or down 5-6, together 7-8
- 8 Step back arms up or down 1-2, together 3-4, open R hoopla hook-up 5-8
- 88 Ripple in lines 1/5/1: Snake
- 4 Close hoopla 1-2, step up or back 3-4
- 8 Jump out hoopla down up 1-2, punch out L or R 3-4, tendu R over L arms opposite 5 switch 6, together 7, low V 8
- 8 Transition to 6 Files: together arms 1-2, low V 3-4, arms circle around 5-7 close 8
- 8 Continue transition: R arm high V 1-2, L arm 3-4, meet arms middle high 5-6, slice down 7-8
- 8 Pick up by files 1/3/5/7: L arm straight up 1-2, both arms in T 3-4, L arm down & R arm up 5-6, arms down & closed 7-8
- 8 Odd lines: R arm out to the R and in 3-5, Even lines: to the L with L arm 5-7
- 8 Odd lines: Low V 1-2, high V 3-4, Even lines: opposite 1-4, All together: arms down & back ball change forward 5-6, arms together 7-8
- 8 Chassé R forward 1-4, Chassé side and L 5-8
- 8- Groups 1/3: three-step turn 1-3, attitude 4, down arms above head 5, finish groups 6-7, hold 8
- 8 Transition to 2 blocks & center triangle: R arm low V 1-2, L low V 3-4, shake arms all the way up 5-8
- 8 Block: Tuck 1-2, sit with arms low V 3-4, outside arm circle in 5-6, back out 7-8
Triangle: Prayer 1-2, love V 3, switch 4, rocket 5-6, clean 7-8
- 8 Block: twist L arm across body 1 hold 2-4, swirl to L 5-6, hit arms R in front & L behind 7 hold 8
Triangle: Hold 1-2, L arm across twisted low V 3-4, swirl 5-6, hit R front L behind 7-8
- 8 Block: Close arms side 1-2, stand L leg 3-4, R leg 5-6, hold 7-8
Triangle: Ripple 1-8
- 8 Block: punch R arm across, ball change with R leg 1-2, pencil turn arms in broken T in front of you around R shoulder, close 5
Triangle: close 1-2, punch R across ball change 3-4, pencil turn 5-6, close 7-8
- 8 Transition to "3 layer circle cake": walk with hoops by side 1-8
- 8 Continue transition: walk 1-2, (if in bottom or middle layer) L knee down 3-4, R 5-6, hold 7-8 or sit 7-8
- 8 Ripple: Arm in direction 1-8
- 8 Pick up 1/3/5 - slice out arm up & break down 1-3
- 8 In each line's direction- arm across chest up out 1-4, circle that arm 5-8
- 8 Stand up LT 1-2, RT 3-4, step back into circle 5-8
- 8 Pick up 1/5: straight up and down 1-2, both arms slice to meet in the middle of body 3-4, open hooplas at wrist 5-6, twist R to make horizontal 7-8

- 8 Group 1: hook up hooplas 1-2, hold 3-8
- Group 2: finish pick up 1-4, hook up 5-6, hold 7 8
- 8 Ripple: up, flat back, up 1-8
- 8 Continue ripple 1-8
- 8 Continue ripple 1-7, close 8
- 8 Transition to triangle: walk 1-8
- 8 Continue transition: walk 1-6, close 7-8
- 8 R arm hit L up diagonal, tendu R leg out 1-2, switch leg & R arm hit R low V 3-4,
L ball change in 2nd & L arm across 5-6, seat belt down body & quarter turn to
the L 7-8
- 8 Ripple F-B: Windmill R arm circles first, ending facing opposite direction 1-8
- 8 Pick up in three groups F-B 1/3/5: R step forward with hoopla circle snaps,
change direction to L on each chug
- 8 Pick up continues 1-4, all turn front & prayer 5-6, high V 7-8
- 8 Clean arms 1-2, tuck 3, hit center of the triangle in high V & sides in diagonal with
arm closest to center in low diagonal 5

Back in Time
Level Pep Rally Pom

Choreography By: Monique Jordan, Kacey Lee, Sydne Miller, Amanda Philio, Kari Roan

Begin R leg popped, R arm over head, focus L

- 8 Ripple L-R: throwing R 1-6, cross arms in front hip roll L 7-8
- 8 Back to beginning position 1-2, ball change back L behind head throw R 3-4, step R T 5-6, step L cross 6, chassé back R 7-8
- 8 Face front broken T 1, sit & pop L arms to sides 2, Groups R-L 3/5/7: slice L 3, pitch kick R circle L back 4, pivot 5-6, T 7, slice R up L down 8
- 8 Step R behind head L behind back 1, pivot to pop L low V 2, finish groups 3-6, hold 7, jump broken T 8
- 8* Step R 1, cheerio circle R 2-4, step L hip 5, switch 6, “roll” up jump together 7, high cheerio 8
- 8* Step R T 1, L 2, slice R across hinge R 3, look front 4, circle R 5-6, break R 7-8
- 8 Changing lines step clap 1-4, walk forward or three step turn back 5-6, jump & fist pump 7-8
- 8 Continue in opposition step T 1, step cross 2, ball change outside K 3-4, three step turn 5-7, jump & hug 8
- 8 Jump 2nd circle to low V 1&, pop chest 2, repeat 3-4, Groups 5/6/7: step R diagonal cross arms 5, finish groups 6-7, snap L up 8
- 8 Step L K 1, broken T 2, repeat to L 3-4, R diagonal 5, slice to L diagonal 6, cheerio high or low 7, switch 8
- 8 Walk RL 1-2, chassé 3-4, step jeté 5-6, tuck or pivot 7-8
- 8 Back line: walk LR cross to low V 1-2, repeat break T 3-4, high V 5-6
Front line: knees down high V 1-2, repeat break T 3-4, jump 2nd 5, roll up 6
Circle arms to end behind head close 7-8
- 8 “Party” arms 1&2, repeat opposite 3&4, step rocket 5, prep 6, single pirouette 7, jump 2nd 8
- 88 Repeat *
- 1 Flip to R popped throw & release 1

Bangarang
Level 2-3 Military

Choreographed By: Clayton Cross, Cali Hoffman, Sami Mason, Caitlin Poulton, Sarah Starkweather

Begin in long diagonal line, cheer touch. Transition to diamond, and staggered lines.

- 8 Hold 1-2, scarecrow/roll up & 3, clean side 4, ripple F-B: low V to Indian 5-8
- 8 Ripple B-F: arms Indian wave 1-4, step L serve 5, wrist/head opposition & 6, bow & arrow in opposition A's & B's 7, circle 8
- 8* Drag opposition parallel arms 1, clean 2-4, arms cross hips 5, pockets 6, step R "face" 7, clean 8
- 8* Groups F-B 1/3/5: slice up to touchdown shift and flex L 1, clean 2, hinge L "box" 3, serve L 4, close hands & bend 5, swipe to bend 6, R elbow to hip 7, T 8
- 8* Finish groups 1-4, All together close palms 5, slice front & around 6-7, pull R foot to L hands down pray 8
- 8* Ball change chop arms & 1, rocket side 2, "clock" jazz hands open 3, flip grab in salsa 4, Transition: Indian arms up 5, R arm down 6, open 7, close 8
- 8* Open to 2nd & body roll press down 1-2, wave to T 3-4, Groups 5/7: passé R L arm bend flex 5, diagonal 6, hold or finish groups 7-8
- 8* Flick 1, push 2, look 3, pump & 4, snake to close R 5-6, up or down 7-8
- 8 Transition pray 1-2, flip 3-4, switch 5-6, push 7, clean 8
- 8 Odd Lines: Robin Hood 1-4 shoot 5-6 arrow 7-8, Even Lines: flex swing down R 1, swing up L 2, step 3, battement 4, pivot swipe 5, L arm down 6, circle to low rocket 7-8
- 8 Clean 1-2, pump up & 3, press down 4, box low 5, box high 6, close 7, rocket down 8
- 8 Rocket up 1, ears 2, twist look in opposition 3, back to ears 4, touchdown 5, prep 6, double pirouette 7-8
- 8 Jump out 1-2, box pose 3-4, ripple R-L: swivel grab 5-8
- 8 Starburst 1, clean 2, walk 3-4, repeat * beginning with arms cross hips 5, pockets 6, step R "face" 7, clean 8
- 88888 Repeat rest of *
- 8 Pray 1-2, Indian levels 3-4, Indian wave arms 5-6, frame face 7, cross 8

The Beat Don't Stop
Level 1 Camp Military

Choreographed By: Caitlin Hendricks, Jessie Heck, Kacey Lee, Sami Mason, Amanda Philio, Krystal Royster,

- 8 Hold beginning position 1-3, levels w/ arms 5-8
- 8 Continue levels 1-2, switch to opposite 3-4, low V 5-6, clean 7-8
- 8 Transition to diagonal with T arms 1-8
- 8 Clean 1-2, ripple F-B: windmill 3-8
- 8 Ripple: slice front 1-8
- 8 Transition arms – cheerio up 1-2, cheerio down 3-4, high 5, half T 6, low V 7, clean 8
- 8 Robot 1-8
- 8 Groups: 1/5: Scoop & hip 1-4
- 8 Cover mouth 1-2, push out 3-4, switch lines 5-8
- 8* Groups 1/3/5: twist & grab 1-6, reach out 7-8
- 8* K section 1-8
- 8* Continue K section 1-4, step out 5, hands to hip 6, pump chest 7-8
- 8 Needle 1-2, step back 3-4, slide 5-6, clean 7-8
- 8 Box arms 1-8
- 8 Finish box arms 1-8
- 8 Pushes 1-2, open 3-4, switch 5-6, pump 7-8
- 8 Transition with arms: push up 1-2, half T 3-4, push down 5-6, clean 7-8
- 8 Ripple: waterfall 1-7 Look front 8
- 8 Repeat robot 1-8
- 8 Improv robot 1-4, hold (or solo) 5-8
- 888 Repeat *
- 8 Walk to clump 1-4, pivot 5-6, push out 7-8

Bling Bling
Level 2 Officer Jazz
Choreographed By: Erica Sowell

Begin in triangle facing back. Weight on L, R leg tendu, arms wrap head

- 8 Hold 1-4, sit in R hip arms hit behind head 5, switch L 6, body squaring to R circle hand sitting in hip 7-8
- 8 Walk front LR 1-2, wipe face 3, look L 4, hips circle R 5-6, shoulder R 7, L reach arms down leaning over L leg 8,
- 8 Arms reach R 1, kick bottom RL jump to R extended 2&, roll up 3, prep 4, double pirouette 5-6, plié 7, double knee jump RL down over L knee 8
- 8 Snake up 1-2, hand on hips isolate 3-4, fan face RL 5-6, R pushes flexed down 7, L hand &, down over L knee 8
- 8 Poses 1-6, tilt kick 7, turn out to front 8
- 8 Group A: finish turning & roll to back 1-4, T 5, circling hips L square 6-8
Group B: ball change cross 1-2, step 3-4, snake under arms 5-6, jazz walk 7-8
- 8 Group A: sit hip L kick 1-2, walk back 3-4, pivot L 5-6, circle chest pop 7-8
Group B: snap hook with group A 1-2, cross unwind 3-4, shift RL 5-6, circle chest pop 7-8
- 8 Low V RLR hips 1&2, circle head to L diagonal 3-4, pop hips 5-6, walk back LR pop shoulders front 7-8
- 8 Groups 1/3/5: R leg flick jumps R arm up 1, push down 2, hair whip down to L knee 3-4, finish groups 5-8
- 8 Group A: ball change 1-2, step 3-4, jeté 5, step R 7, L arm wrap head 8
Group B: slide out L 1-2, roll over legs head roll 3-4, tuck 5-6, straddle 7-8
- 8 Ball change back arms throw 1-2, pickup arms throw down RL &3, touchdown 4, body roll arms press 5-6, ball change back &78
- 8 Group improv slow 1-4, pick up with beats 5-8
- 8 Inside turn L rocket R slides down 1-2, 'glitter' down R to reach 3-4, passé R ball change 5&6, walk RL 7-8
- 8 Traveling towards back diagonal: chaîné 1-2, step 2-3, reverse jeté 5-6, pose 7-8
- 8 Groups L-R 1/3/5: step out L 1, spiral with L passé 2-3, land plié 4, turning X jump 5-6 ball change 7-8
- 8 Finish groups 1-4, Transition to triangle: R wraps head throws front & close 5-8
- 8 L on shoulder 1, switch R &, slide into hug 2, arms press to R diagonal 3-4, flat back circle L 5-6, jump together touchdown 7, press level & release head 8
- 8 Step with interior leg to face outward in opposition 1-2, down to knee 2, open knee to front & pop head 4, hold 5-6, isolate 7-8 (option for solo display of technique trick 5-8)
- 8 Snake up close 1-2, low V rocket front step R to replace with passé 4, step 5, flick L 6, cross 7, dig on diagonal R up 8
- 8 Step back R arm pushes down 1-2, 'gimme gimme' hands stepping back 3-4, three step turn to clump 5-8
- 8 Rond de jambe R 1-2, L 3-4, freestyle on "show me" 5-6, burst &7&8&
- 1 Pose

Breakn' A Sweat
Level 3 Hip Hop

Choreographed By: Yasmeeen Montes and Monique Jordan

Begin in columns with different poses, in opposite directions.

- 8 Hold 1-5, look front 6, hold 7, pop chest & 8
- 8 Ripple F-B: turning opposite direction of pose and hitting "Bollywood" hands 1-7 pop chest & 8
- 8 A's: dips L or R 1-4, roll 5-8
B's: Walk to stunt 1-2 flyer stands up on base's legs 3-4, back flip 5-6, land 7-8
- 8 Transition to staggered lines: grabbing pants snaking head 1-8
- 8* Scuff jump to 2nd 1-2, isolate body roll down 3&4, scoop hips R 5-6, L 7-8
- 8* "Break arms" half T 1, daggers &, flat back candlesticks 2, snake up 3-4, pony to switch lines flexed arms extending to cross forward broken wrists 5-8
- 8* Snake up or to knee 1-2, claps 3&4, step with R foot forward to a flat back 5-6, throw cross front lifting R in a flexed hook 7-8
- 8* Jump 2nd pump & punch R front & 1, L & 2, R low V & 3, L low V & 4, extend legs while circling both arms back 5-6, hand on knees look down 7, up 8
- 8* Hook arm above forehead circling in & snaking down 1-2, bring to chest R foot moves in heel-toe-heel 3&4, circle hips L-R to back 5-7, pop chest and hips & 8.
- 8* Box arms bounce to R 1-2, L 3-4, groove push down L stepping R 5-6, L 7-8
- 8* Transition to triangle: sliding side-to-side 1-8
- 8* Turn over L to front deep parallel plié crossing R down to L diagonal 1, cross over L 2, extend high blade 3, low blade 4, hold or solo freestyles 5-8
- 8 Jump out grabbing pants circle R-L 1-2 swoop up 3-4, step R to face L shoulder drop & back bend R 5, L 6, R 7, punch arms out 7 wrap & 8
- 8 Ripple R-L: snap up & down 1-6, step R elbows out hands in fist pop chest 7-8
- 8 Turn front 1-2, plié 3-4, back it up 5&6&, grab pants 7, pop heels & lean back & 8
- 8 Punch R down across L hip 1-2, drag turn L 3-4, jump 2nd plié swoop 5-8
- 8 "Transformer" step spreading out R 1-2, L 3-4, back it up to tighten up form elbows hit up & back snake down 5-7, stand up or down 8
- 8 Group A: Cross blades down 1-2, high 3, low 4, jump 2nd T arms 5, cross arms blade hands &, squeeze hands 6, palms down &, press blades down 7, pop body & 8, B's hold 1-8
- 8 Reverse – A's drop & hold, B's repeat above 1-8
- 8 Transition to staggered lines: grabbing pants 1-4, three step turn 5-7, hold 8.
- 8888888 Repeat * through transition
- 8 Continue repeat 1-4, circle upper body 5-6 lean back 7, chin pop & 8.

Chasing the Sun
Level 3 Jazz

Choreography By: Kali Boyd, Lindsay Early, Robbyn Good, Cali Hoffman, Kelsey Joseph, Sydne Miller, Erica Trull

Begin in 3 Lines, clumped in levels

- 8 Hold (head down) 1-8
- 8 Head roll R 1-4, Parallel plié fold over 5-6, snake up L or R 7-8
- 8 Groups F-B 1/3/5: walks forward 1-4, "L" swoop 5, stack arms 6, half T release 7, push down to tuck 8
- 8 Finish groups 1-4, slice R arm R toe out 5-6, R arm pull 7, L arm circle back 8
- 8 Pull rib cage 1, "Hairflower" 2, BC throw R arm across & 3, swirl R arm around head & down back diagonal plié 4-6, coupé turn over L arms wrap 7, jump 2nd 8
- 8 Pas de bourrée arms pull up push out 1&2, on 2 arms push out, R leg to passé arms to chest 3, forced arch R fan 4-5, chaîné jeté 6-8
- 8 Turn out of jeté 1-2, rond de jambe L back 3, sit R hip 4, Groups L-R 5/7/1: step R side 5, cut R passé "L" arms 6, step R 7, illusion L leg throw arms forward 8
- 8 Tuck L leg & roll to standing 1-4, pull arms up facing front R diagonal 5, over in plié lunge 6, continue groups 7-8
- 8 Finish groups 1-2, snake up push arms down into fist 3-4
- 8 Odd Lines: ball change reach R out 5, L arm 6, R battement arms to hips 7-8
- 8 Even lines: ball change reach R out 5, L arm 6, jump forced arch 7, step L back 8
- 8 Odd lines: swoop down L 1-2, fold over R front diagonal parallel 3-4
- 8 Even lines: invert R leg fan back 1-2, turn over L to plié parallel 3-4
- 8 All together: prep to diagonal L 5, double pirouette 6-7, step to diagonal reach 8
- 8 Turn over L R arm pull 1, walks to back diagonal 2-4, face front 5, Transition to diamond: walking arms swivel across 7, hit cheerio 8
- 8 Continue transition arms cross down arms R 1, L 2, T 3, wrap chest 4, ripple R-L: windmill arms around end looking L arm on hip 5-8
- 8* Jump 2nd arms touchdown 1, body drop plié 2, step R forward L arm wrap R push back 3, cut arm across turn L to back 4, release head back ball change L 5-6, tuck R leg up turning over R shoulder jump 7, slice L leg to face front 8
- 8* Land in runner's lunge 1-2, slide R through 3-4, stomach roll 5-7, jump off floor 8
- 8* Land facing R side L out straight 1, hold 2, arms touchdown front 3, drop & focus back 4, ripple B-F: swipe L to roll back 5-8
- 8 Continue ripple 1-4, wrap 5, look L snap 6, sweep rond de jambe front hinge 7-8
- 8 Groups F-B 1/3/5: L step back R arm to hip 1, ball change R arm to hip 2-3, step R drag arms release head back 4, walk forward 5-7, tilt 8
- 8 Land release over 1-2, finish groups 3-6, snake up R 7-8
- 8 Transition rotating diamond: rainbow arms to R drag 1-2, turn around 3-4, face front forced arch arms reach up 5-6, melt arms pushing down 7-8
- 8 Continue transition wrap 1-2, step R 3, flick 4, prep 5-6, double pirouette 7-8
- 888* Repeat *
- 8 Finish ripple standing up 1-4, walk into clump facing back 5-8
- 3 Face front to ending position reach out 1-2, head down close arms 3

Crank it Up
1-2 Social Officer Pom
Choreographed By: Kali Boyd, Robbyn Good

Begin in 1 Line, arms overhead R toe popped face L diagonal

- 8 Hold 1-2, Groups L-R 3/5/7: step out to second arms reach to touchdown 3-4, L clean R arm punch across L diagonal release head 5-6, drop over 7-8
- 8 Finish groups 1-4, three step turn forward or back push arms down side 5-7, face front arms to chest 8
- 8* Jump out diagonal 1, R arm behind head L arm to hip sit 2, shakes & 3&4, punch L across step on R 5, half T feet together pop R toe 6, sweep arms L-R tabletop step out into 2nd R leg 7-8
- 8* Low V pop R 1, hold 2, half T 3, back to low V 4, cross arms R 5-6, switch body L side low V 7-8
- 8* Groups L-R 1/3/5: ball change R leg back high V 1, L high V 2, step side look front double punch forward 3-4, step L close & rocket release head 5-6, turn over L drop arms to knee face R in lunge 7-8
- 8 Finish groups 1-4, ball change “L” arms look R 5-6, close 7, hold 8
- 8* Transition to triangle: pump R arm 1-2, roll arms 3-4, pump R arm 5-6, punch R across to L diagonal 7, L arm same 8
- 8 Jump out 2nd arms circle around low V 1-2, windshield wipers L 3, switch 4, cheer pose L arm high 5, switch 6, R arm circles 7, behind head 8
- 8 Double diagonal punch in opposition 1-2, switch diagonal 3-4, every other line punch to diagonal rocket 5-6, tuck facing R 7-8
- 8 Groups F-B 1/3/5: circle R arm roll over R shoulder to front sit low knees 1-4, high V 5, switch low V 6 hold 7-8
- 8 Finish parts 1-2, ripple F-B: windmill around R over to bug position 3-8
- 8 Tuck toes under 1-2, roll up 3, jump out 2nd arm punch up to rocket 4, bow & arrow R 5, switch L 6, up & over rocket 7, step L-R close L arm behind head, low R diagonal 8
- 8 Groups L-R 1/3/5: hips LR arms over head R then L 1-2, T 3-4, punch across R L behind head pli  prep 5-6, single pirouette arms behind head 7-8
- 8 Land bent over in lunge R 1-2, finish parts 3-6, snake to close 7-8
- 8 Transition back to straight line: step claps 1-8
- 8* Transition repeat moving arms
- 888 Repeat *, groups all together
- 8 Transition back to triangle: rocket 1-2, shake poms down 3-6, pivot R turn over L face back 7-8
- 4 Punch R to rocket, L behind back step to 2nd 1, shake R down looking over R shoulder to front end low R diagonal 2-4

Dance Again
Level 4-5 Kick

Choreographed By: Katie Canant, Lindsay Early, Sydne Miller, McKenzie Robinson,
Cassie Rowland, Erica Trull, Breanne Wilson

Start in 2 lines

- 8 Ripple: windmill to pose L-R 1-8
- 9 Soutenu wrap 1-2, walk arms up down 3-4, switch lines walking 5-6, back line pivots 7-8, hook-up 9
- 8 Groups 1/3: R ball change 1-2, inside fan 3-4, passé L 5-6, kick R 7-8
- 8 Step together 1-2, finish groups 3-4, All together bow 5, ball change 6-7, front 8
- 8 Kick RLR 1-6, jump second to coupé 7-8
- 8 Pas de bourrée RLR 1-2, hips L 3, R 4, corner kick R 5-6, again 7-8
- 8* Close to front 1-2, ball change 3-4, step back 5, R arm cross 6, L 7, hook-up 8
- 8* R kick passé point 1-4, L 5-8
- 8* R open corner 1-2, back L 3-4, L open corner 5-6, back R 7-8
- 8 Front line: passé R 1-2 pas de bourrée 3-4 hold 5-8, Back line: R open 1-2 back 3-4 passé L 5-6 pas de bourrée 7-8
- 8 Ripple: down wrap arm 1-6, step R head back 7, tuck 8
- 8 Windmill to knees 1-4, ripple: extension R on diagonal 5-8
- 8 Continue ripple 1-8
- 8 2 Parts 1/3: ball change back or front 1-2, step 3-4, step dig 5-6, chassé 7-8
- 8 Passé 1 step 2, together 3, hook-up 4, kick R 5-6, L 7-8
- 8 Double star R 1-2, L 3-4, R 5-6, L 7-8
- 8 Corner R 1-2, L 3-4, front R 5-6, passé kick 7-8
- 888 Repeat *
- 8 Front R 1-2, L 3-4, two R fans 5-8
- 8 Front L 1-2, R 3-4, two L fans 5-8
- 8 Close 1, step L 2, inside R pirouette 3-4, slide to split 5-6, hold 7-8
- 1 Pose

Do Ya
Level 2 Officer Jazz
Choreographed By: Roxanne Gage

Beginning form is an inverted "V"

- 8 Hold 1-6, relevé 7, twist & 8 (groups 1 & 2 move in opposite directions)
- 8 Swing hips 1,2, step tap behind hands clasp up 3,4, turn to front 5-6, pose 7&8.
- 8 Passé & swoop forearm overhead 1-2 walk to stags 5-8 close feet 8.
- 8 Points 1-2, drop arms sit 3-4, cross fists 5-6 smooth it out & twist 7-8
- 8 Ribs R w/R arm up 1, switch ribs L drop arm 2, scoot feet, ribs R &3, flick w/ribs L 4, passé around 5-6 walk 7-8
- 8 Back turn 1-2 step L passé R turn R 3-4, chassé to diagonal 5-6, step grand battement 7-8
- 8 Prep 1, pirouette 2-3, land 4, rond de jambe R leg 5-6, shift back to R 7, flick L leg & 8 (hands on hips)
- 8 On diagonal: step L 1, pivot on R 2, step 3, step & open arms side 4, pose sit 5-6 shake hips &7&8
- 8 Melt rond de jambe R leg back & across 1- 2 turn back 3, prep 4, chainé 5-8
- 8 Throw R arm over w/R leg out side 1-2, passé in & out smooth R leg 3-4, walk backwards 5-8
- 88 Turn back sit on L hip & roll to front 1-4
 - Group 1 (Back row): stand 5-6, body roll 7-8
 - Group 2 (Front row): hold 5-4 stand 5-6, body roll 7-8
- 8 Plie passé to R diagonal 1-2, chassé 3-4, step grand jeté 5-6, grand jeté 7-8
- 8 Step out & cross fists 1-2 smooth it out & pivot turn 3-4, chassé 5-6, step L passé R turn R/front 7-8
- 8 Prep sauté arabesque 1-2, turn en dedans to back 3-4, pull R arm through 5, look/point 6, again 7-8
- 8 Step tap arms "L" 1-2 step 3, chase 4&5, walk 6-8
- 8 Other side: step tap arms "L" 1-2, step 3, chase 4&5 walk 6,-8
- 8 Jump feet together prissy hands under chin 1-2, shoulders 3&4, scoop leg front 5-6, scoop to back 7, sit 8
- 8 Shoulder rolls w/head 1-2, again 3-4, step grand battement 5-6, step layout in passé 7-8
- 8 Switch lines walk 1-4, prep 5-6, soutenu with arms up 7-8
- 8 Switch lines walk 1-4, prep 5-6, pirouette en dedans 7-8
- 8 Walk to clump/tight form move R & L hand over hair 1-4, fosse walks 5-8
- 8 Pose press arms down & look back 1-2, hands on hips look front 3-4, body roll front 5-6 pose sit 7, isolate to end &8&.

Domino
Level 2 Kick

Choreographed By: Katie Canant, Kacey Lee, Sami Mason, Sydne Miller, McKenzie Robinson, Erica Trull, Breanne Wilson

Start in 2 lines

- 8 Hold pose 1-6, look up 7 hold 8
- 8 Clip R foot & arm up 1-2, turn & switch 3-4, hook-up 5-6, look up down 7-8
- 8 Exercise kick R-L back 1-4, 5-8
- 8 Exercise kick R-L side 1-4, 5-8
- 8* Point-high R 1-4, Point-high L 5-8
- 8* 3 straight kicks 1-7, hold 8
- 8* 2 Lines, front goes R, back goes L: flat back 1-2, up 3-4, step fan 5-6, chassé 7-8
- 8* Still in opposition: Ball change 1-2, chassé 3-4, ball change 5-6, close 7-8
- 8 Jump cross R 1-2, center R 3-4, corner R 5-6, hold 7-8
- 8 Repeat L
- 8 Turn 1-2, Groups 3/5/7: twist 3-4, 5-6, 7-8
- 8 Ripple R-L: bow lay back point R foot 1-6, close 7-8
- 8 Ripple: tuck L-R 1-8
- 8 2 Lines: Passé out look at leg front line L 1-2, back line R 3-4, close 5, front line pose 6, back line 7, hook-up 8
- 8 Repeat *
- 8 Transition to Triangle: walk with shoulders 1-4, wrap 5-6, wrap 7-8
- 8 Shoulders with arms out 1-4, Swim arms 5-6, step back 7-8
- 8 In V's 1/3/5: chassé 1-2, step 3, jeté 4, land in tuck 5-6, hold while groups finish 7-8
- 8 Finish groups 1-2, roll to stand 3-5, face front 6, "kiss" 7-8
- 4 Explode arm 1-3, pose & look 4

Dubstep In the Club
Level 4 Military

Choreography By:, Lindsay Early, Caitlin Hendricks, Jessie Heck, Amanda Philio Cassie
Rowland, Kari Roan, Sarah Starkweather

Begin in two lines set on a diagonal.

- 8 Hold 1-2, In levels, ripple: lean back 3-8
- 6 "Mime hands" 1-6
- 8 Body roll 1-4, step & cross arms 5-6, swoop 7-8
- 6 "Check mark" jump 1-2, high prayer 3-4, open R behind L straight 5-6
- 6 Contract 1-2, peek 3-4, swirl around head with R arms 5, plié 6
- 8 Straighten knees as arms go down in first 1-2, smack diagonal R arm up 3-4,
Transition to column: swirl 5-8
- 8 Finish transition: 1-2, ripple: out 3-6, back in file 7-8, "are you ready?"
- 8 Transition to staggered lines: R diagonal 1, half T 2, switch 3, slice 4, swing up 5-
6, close 7, clean 8
- 8* Groups 1/3/5/7: pray 1, step out 2, open arms "T" 3, "W" 4, wrap 5-6, clip 7, low
V to back and hands on back 8
- 8* Finish groups 1-6, "Michael Jackson" 7-8
- 8* Swing 1-2, R arm lowers 3, choke 4, prep 5, double pirouette 6-7, rocket 8
- 8 Line work: back comes front & switches back
- 8 Line work continues
- 8 Line work continues
- 8 Transition to triangle: wrap R arm in front 1, low "V" &, switch wrap 2, jazz hand
3-4, hold 5, low "V" &, switch 6, jazz hand 7-8
- 888 Repeat *
- 8 Groups 1/3/5/7: Teepee 1-2, legs straighten up 5-6, bend on odd counts 7-8
- 8 Finish Teepee parts: 1-4, All together: bend 5-6; straighten 7-8
- 8 TUT Transition
- 8 Continue TUT transition to lunge L back 1-4, Ripple L-R: flying squirrel 5-8
- 8 Finish ripple by 1-4, "Z" sit 5-6, "X" 7-8
- 8 Dynamite head 1-2, close to sardine 3-4

Dynamite
Level 2-3 Field Military
Choreography By: Betsy Heathcock
Demonstrated By: Fort Bend Austin Angels

Beginning Position: Face toward the back arms at sides

- 8 Hold 1-4, Slap sides 5-8
- 8 Bring L-R step toward the back with R 1-2, slice L arm pivot turn to the front 3-4, drop L to side bring R out 5-6, Indian 7-8
- 88 Hit arms together 1-2, bring R to forehead & L to waist 3, Indian 4, Groups by V's 5/7/1: broken T relevé 5-6, dive down plié 7-8, circle arms outward jump 2nd 1-2, dive down touch knees 3-4, finish group 5-8
- 8 Lunge R lifting R arm out 1, dive down 2, lunge L lift L out 3, dive down 4, flash arms down 5-6, open to T close feet 7, pray 8
- 8 Transition to staggered lines: dive up 1-2, V 3-4, close diving up 5-6, pray 7-8
- 8 Lines in opposition: Chassé R arms in T 1&2, press arms overhead ball change 3-4, chassé L arms in a T 5&6, press arms down and ball change 7-8
- 8 Hands to cover mouth palms front close feet 1-2, press down to knees plié 3-4, lunge by lines 5, 6, 7, close feet slap sides 8
- 8 Groups L-R 1/5/1: Step out 2nd arms in a high V 1-2, dive down L 3-4, turn front arms V 5-6, face R with R hand to L & L down 7-8
- 8 Circle L arm 1-4, Continue groups 5-8
- 8 Finish groups 1-4, Groups F-B 5/7: open arms to T with flexed hands 5, pray 6, dive up 7 dive down and touch knees 8
- 8 Finish groups 1-4, Passé relevé R hit arms V 5-6, touch back down to knees 7-8
- 8 Groups R-L 1/5/: Step back on L press R 1-2, step back on R press L 3-4, dive overhead step back L 5, R 6, step back pray 7, face L extend arms out 8
- 8 Arms open look front 1-2 close arms 3-4, continue groups 5-8
- 8 Finish groups 1-4, bring R arm to ½ T L out turning front 5, drop R arm down to close feet L corner bring L hand to R plié 6, open R 7, stand 8
- 8 Transition to line: Cross arms 1-2, dive down 3-4, dive up 5-6, cross chest 7-8
- 8 Groups 1/3: Turn L arms down to sides 1, step front R facing toward the L arms in diagonal 2, finish groups 3-4, ripple: turning front 5-8
- 8 Kneeling or standing: Ripple: covering face and chopping arms 1-8
- 8 Dive down or up 1-2, bring to shoulders 3, drop down 4, follow the leader 5-8
- 8 Continue follow the leader arms 1-6, cross chest 7, drop down 8
- 8 Groups by lines 1/5: Reach R up to L high 1, drop R to R low 2, reach up L up to R high 3, drop L to L low 4, dive up lifting R leg off the floor 5-6, step front R arms out in a T with flexed hands 7-8
- 8 T 1-2, press to knees 3-4, jump out into relevé arms in a high V 5-6, tuck 7-8
- 8 Finish groups 1-2, roll up 3-4, Transition to lines: behind head 5-6, mouth 7-8
- 8 Continue moving: Press arms out 1-2, back 3-4, shoulders 5-6, drop to sides 7-8
- 8 Pray step back with R ball change 1-2, R battement arms to high V 3-4, step front R arms down V 5-6, wrap arms facing the back 7-8
- 5 Turn over R diving down 1-2, dive up 3-4, pray 5

Edge of Glory
Level 3 Field Kick

Choreography By: Melissa Page

Demonstrated By: Southlake Carroll Emerald Belles

Beginning in a triangle, arms wrapped above head in R dig facing to the back

- 8 Hold 1-4, ripple B-F: squatting down & wrap arms down to pushing forward 5-8
- 8 Ripple F-B: windmill arms starting with L arm 1-4, step R & R arm by ear 5, hook up 6, circle close 7-8.
- 8 Pick up by V's 1/3/5: straight kicks
- 8 R cross kick 1-4, L cross kick 5-8
- 8 Groups B-F 1/2/3: outside R fan to touch ground 1-2, inside R fan 3-4, turn around over L shoulder to face back 5-6, finish groups 7-8
- 8 Ripple: fall over L shoulder B-F with arms curved above head & palms to the ceiling landing to the front in a L z-sit head down
- 8 Head up straightening arms fingertips to the front 1-2, step of R foot with L knee still on ground wrapping L arm around waist with R arm up next to ear palm out 3-4, stand up & put L arm next to your ear w/ palms out 5-6, R chaîné breaking arms down by your side 7-8.
- 8 Transition to move to 4 lines: R chassé with L arm wrapped around waist and R arm in a down V with flexed hand 1&2, L chassé switching arms to R arm wrapping and L arm to a down V with flexed hand 3&4, walk 5-6, hook up looking to the L while ball changing to R and brushing R arm from L shoulder out & around to hook up 7&8.
- 8 One side to R, other to L: envelope kick 1-4, 2 side kicks 5-6, front R 7-8.
- 8 Close legs 1, close arms 2, ripple L-R: "L arms", head facing to the R, & lower body in plié w R toe point out 3-6, swing L arm down clockwise to the girl's shoulder 7, close legs bring R leg to L leg & focus to the front 8.
- 8 Exercise kicks
- 8 Groups 1/2/3/4: R envelope kick landing foot to R on relevé in a lunge focus to the R 1-4, finish groups 5-7, close & look to the front 8.
88884: Transition to center triangle and sides are in smaller lines that are at diagonal (see video)
Center triangle group (Front line and girls on center):
- 8 Walk to the back 1-4, R then L shoulder roll with arms out and down in a V with flexed hands 5-6, raising arms up next you your ears w/ flexed hands 7-8
- 8 Continue raising arms up by ears with flexed hands 1-2, wrap arms around head and down by side 3-4, ripple B-F: circling R arm by your ear with L arm down by side, facing front to hook up 5-8
- 8 3 straight kicks 1-6, prep 7, feet go out- in on 7&8
- 8 Kick R corner 1, passé middle 3, tendu to L 4, cut R open 5, switch 6, close leg and arms 7-8.

- 4 R pivot turn shoot arms up and out in front of you with flexed hands 1 lunging on R foot, close 2, face to the back with arms by side lunging on R foot 3, close front 4
- Side group (lines) choreography:
- 8 Chainé away from center w/ arms by side 1-2, face the side breaking arms out in front of you with flexed hands and head back 3, slice arms down by side and bring focus back to the side 4, walk 5-6, face to the front & hook up slicing R arm up by you ear L arm down by side 7, hook up 8.
- 8 3 straight kicks 1-6, close 7, hold 8
- 8 Fan away from center down to knee 1-3, close arms and knees (torso facing away from center), facing the side 4, lean back 5-7, look to the front 8
- 8 Lean forward 1-3, look to the side 4, roll to the back 5-6, stand up 7-8
- 4 Turn to face front while stepping & reaching arms front 1-3, snap & feet together on forced arch count 4.
- 8 Transition back to rectangle box, but shoulder width: walk 1-4, chainé towards center w/ arms by side 5-6, walk w/ arms by side 7-8
- 8 Continue transition: R triplet R arm up and flexed by ear L arm down by side 1&2, L triplet with L arm up and flexed by ear R arm down by side 3&4, walk bend arms to R on 5, switch arms 6, jump out into 2nd position w/ R arm on the girl in front of you shoulder L arm on the girl next to you (front line only L arm out) 7, hold 8.
- 8 Ripple L-R: in plié with knees out circling body L-R & finish with focus to the R 1-6, squat facing the R and swing L arm down and out in front of you with hand flexed and head down 7-8.
- 8 Ripple: “windmill” arms to the L finishing with L arm down my side R arm wrapped out head, R leg beveled & focus down and to the L 1-6, everyone together - hands on hips with fingertips down while scooping hips to the R 7-8.
- 8 Transition to “open V formation”: (see video): Two relevé walks w/ hands on hips 1-2, raise arms w/ flexed hands moving on side of body 3-8 & finishing by ears
- 8 Continue transition: chassé flick hands to R 1&2, switch hands to the L & chassé 3&4, Groups 5/6/7: clip R foot over while breaking arms down by side, turn over L shoulder, & then hook up
- 88 Hold 1-2, straight kicks 3-2, everyone closes feet 3, hold 4, ripple: bow center out, stay in bow for pick up 5-8
- 8 Pick up straight kicks B-F 1/3/5/7: Starts w/ each group going flat back/arms by side & hook up w/ arms
- 8 Continue kicking, everyone closes feet on 5, arms close 6, move body to level for ending position 7-8, ending pose on 1.

End of Time
Level 1 Jazz

Choreography By: Rhodessa Bell, Kelsey Joseph, Cassie Rowland, Allis Stevens,
Chandler Wicke

- 8 Hold 1-2, Groups 3/5/7: circle wrap to sit 3-4, finish groups 5-8
- 8 Press & hip circles 1-4, ball change 5-6, drape 7-8
- 8 Press 1-2, dig & cross 3-4, ball change back open T 5-6, press front 7, dig 8
- 8 Monkey arms & hop R 1-2, L 3-4, open L arm & walk to spread out 5-8
- 4 Sit & T 1-2, switch look back 3, focus front 4
- 8* Step touch open 1-2, step touch wrap 3-4, flick L 5-6, flick R 7-8
- 8* Prep 1-2, single pirouette 3, jump out 4, hips & push to R 5&6, circle & drag to tuck 7-8
- 8* Groups 1/3/5: push through 1-2, tuck to side 3, arm circle 4, pop shoulders while waiting for other groups to finish
- 8* finish up groups 1-4, kick front 5, roll to back to stand 6-8
- 8* "Gypsy" arms & steps to L arms T or L 1-4, R 5-8
- 8 Pivot L 1-2, step L 3, jump together hands to R hip 4, wrap ball change 5-6, R battement 7-8
- 8 Check swings to L side 1-2, to front 3-4, walking to Triangle: back LRLR 5-8
- 8 Triplet arms up 1&2, triplet arms break 3&4, turn to front 5 or 6 or 7 or 8
- 8 Chassé to R L arm up 1-2, ball change reach across 3-4, three step turn back to L 5-7, dig & pop 8
- 8 Switch & pop 1-2, prep to L hands on hips 3-4, chainé front 5-6, step R 7, chug passé press arms 8
- 8 Open arms & pivot 1-2, chassé L 3-4, step R back 5, step L side 6, jeté 7-8
- 8 Walk back to 3 lines 1-2, lifting arms 3-5, cross & drop 6-8
- 8888 Repeat * through "gypsy" to L, Three step turn to clump 5-8
- 8 Circle & drag to tuck 1-2, melt into final pose as music fades

Falling Free
Level 5 Modern

Choreographed By: Jesus Acosta, Rhodessa Bell, Clayton Cross, Luise Hooks, Caitlin Poulton, Sarah Starkweather

Split group into Partners “1” and “2”

- 8* “1” Begin in X on the floor – hold 1, arch back 2-3, wrap arms 4, log roll R onto back 5-7, flex legs & feet into chest 8
“2” Begin laying on R side in fetal position: hold 1-4, reach across partner body 5, forward roll 6-8
- 8* “1” Arch up to seated position 1-2, leap over 3, roll up 4, high release arms open in 2nd 5, release over 6, rond de jambe lunge 7-8
“2” Stand 1, walk over L shoulder 2-4, grab partners L arm 5, dive under 6, reach L arm through 7, touch ground 8
- 8* “1” Diagonal reach 1, wrap R around partners arm 2, release over 3-4, unwind to front 5-7, box arms 8
“2” Hold 1-2, release L arm 3-4, unwind 5-6, touch partner 7, peek over R shoulder 8
- 8 Plié down &1, lift 2-3, land 4, grab air 5-6, R elbow throw to face back 7-8
- 8 “1” Push partner away 1, land 2, hip raise 3, land & unwind 4&, look L 5, watch partner 6-7, step R grab partner’s arm &8
“2” Be pushed 1, land 2, hip raise 3, land & unwind 4&, walk 5-7, lunge &8
- 8 “1” Pull partner &1, sauté &2, pencil turn in 2nd 3, into plié 2nd snake L 4
“2” release over &1, hold 2, snake back 3, arabesque L 4
Step R-L 5&, passé sauté 6, run to clump 7-8
- 8 Travel to clump: flex twist 1&, step R back with elbow up 2, stand in neutral 3, R shoulder up &, reach R 4, sweep to Cheerio 5-6, drop L elbow down 7, R 8, circle arms to reach front &, drop over hands on head 8
- 8 R arm to R hip &, L 1, grasp R arm front &, L 2, stand 3, open out R &, back center 4, undulate to the L 5, travel to two diagonal lines facing each other in the upstage L corner 6-8
- 8 Diagonal manipulation (random pattern) 1-8
- 8 Continue diagonal manipulation 1-4, floating pose 5-8
- 88 Groups 1/3/5: ball change into 2nd &1, sauté L 2, swivel 3-4, hand stand R leg rond de jambe 5-6, flex R flexed 7-8, release leg 1-2, run to beginning position standing L with R flexed in front floating arms 3-8
- 8 Finish groups 1-4
“1” Rolls to floor 5-6, legs invert 7-8
“2” Release from floating 5-8
- 8 “1” Continue rolling to land with legs to ceiling 1-4, sickle R foot press to X 5-8
“2” Roll down to plank 1-2, collapse to fetal position 3-4, hold 5-8
- 1 “1” arch back
- 888 Repeat *
- 4 After peak through, all sets of partners release to tuck except for one pair. They continue into the lift and land to the front and then collapse over 1-4

Fireball Level 1 Hip Hop

Choreography By: Alex Alpha, Caitlin Hendricks, Kacey Lee, Sarah Starkweather

Beginning in columns, every other person "A" & "B", person furthest in the back is "C".

- 8 Hold 1-2, Groups "A" then "B" 3/5: clip turn R $\frac{1}{2}$ T switch arms 3-4 front to low V shift R L 5-6, "B" finish as "C" clip turns 7-8
- 8 Flat back in opposition 1-4, switch knees 5, "C" grab phone "umm hello" shimmy "it's time to get the party started" *pause*, All together: jump in clap 6, step RL switch $\frac{1}{2}$ T to staggered lines 7-8
- 8* Swing arm in opposition 1&, throw to diagonal 2&, cheerio R cross flex 3, back out 4, cheerio overhead to R hip 5-6, shimmy &7, shimmy elbows out &8
- 8* Kick back L as arms throw close 1-2, mono back L &3, R &4, straighten &5, mono back R &6, swivel to behind head sit to R 7, hips &8
- 8 Groups 1/3/5: jump 2nd push arms to hips 1, invert & lean 2, finish groups 3-6, front 7, jump to R bend & snap &8
- 8 Scoop arms L 1, hit shoulders twist R 2, switch arms to L hip &3, chest pop &4, step back LR flick to shoulder 5-6, whip hair to L arms press 7, snap up 8
- 8 Transition to triangle: arms shimmy down 1-4, run low hands grab pants 5-7, clean 8
- 8* Bounce RL arm fans face 1-4, bounce on heels arms press & body twist L-R 5&6 arms cross in front of face L leg lifts 7&8
- 8* Body roll 1-4, R arms punches across body L-R 5-7, sit L arm behind back R arm jazz hand behind head 8
- 8 Arms rocket & circle 1 pop 2, Groups 3/5/7: box arms R leg lifts 3-4, drop knee to floor 5-6, knees close to back 7-8,
- 8 Switch to L corner with R knee up arms resting on knee and bob head until groups finish 1-5, arms push down 6, hair whips as chug to back 7-8
- 8 Freestyle transition to staggered lines
- 8888 Repeat *
- 8 Move arm down face walking 1-4, low run hands grab pockets 5-8
- 8 Bouncing on RL arms crossed then on hips 1-4 swirl fireball hands stepping on R foot 5-7, pivot to back 8
- 1 walking off starting L foot snap 1 and walk off floor

Gold Forever
Level 4 Jazz/Contemporary

Choreography By: Katie Canant, Sydne Miller, Amanda Philio, Kari Roan, Sarah Starkweather

Begin in diagonals with every other girl facing front or back (one soloist front L of form)

- 8* Hold 1, melt down grab ankles 2-6, pick up R ankle 7, turn to front 8
- 8* Slide up legs 1-2, contract & accent knees 3-4, slide up thighs 5-6, contract & accent hips inward jazz hands 7-8
- 8* Swing hands out 1-2, jazz hands to chest 3, contract & pull out to 1st 4, look while opening & twisting R &, jazz hands to chest 5, press on "Gold", Transition to staggered lines: L arms w/ jazz hands flexed R foot 6-8
- 8 Continue transition 1-2, circle 3-4, shaped arms L-R 3-4, R arm goes through L & bends 5-6, arms peel up R-L facing R 7-8
- 8 R sauté back attitude 1, land R look down 2, step L leaned over look &, R inside fan L half T 3-4, run to front L corner/press arms R diagonal & 5, swing arms R passé 6, throw arms & chug 7-8
- 8 Low chaîné 1-2, calypso 3-4, roll 5-8
- 8 Groups 1/5/1: up & rond de jambe 1-2, down 3-4, slide R 5, L attitude 6, step L 7, plank to front 8
- 8 Finish groups 1-8
- 8 R attitude over 1-2, roll & flick LR 3-4, arabesque R 5-6, step to close 7-8
- 8 Pull from neck & open R knee 1-4 walk to clump 5-8
- 8 Groups 2/6/2: hit hips & walk 2-4, hold 5, continue groups 5-8
- 8 Finish groups 2-4, hold 5, L jazz hand on stomach 6, R behind head &, wrap head to chest 7, hold 8
- 8 Groups 1/3/5/7/1: skip across fall on L w/ R passé 1, switch 2, steps 3-4, jeté 5-6, melt down to hold ankles 7-8
- 8 Finish groups 1-8
- 8 Release arms up & walk to triangle 1-4, press jazz hands T release head to face back 5-6, set it down 7-8
- 8 Groups 1/3/5: R grabs R ankle L arm up R single 1, release 2, battement reaching arms 3-4, step back 5-6, up & over 7-8
- 8 Pull small L attitude parallel arms palms facing chest 1-2, release over 3-4, finish groups 5-8
- 8 Groups F-B 1/2/3: push knee down turn over L & cross arms 1-3, finish groups & transition to beginning position 4-8
- 888 Repeat *
- 8 Finish transition 1-2, circle 4 shaped arms L-R 3-4, R arm goes through L arm & bends 5, hands to thighs 6, slide hands around & lower stomach look L 7-8
- 1 Relax arms sway to front and look up slowly 1

Gonna Fly Now
Level 2 Officer Field Kick
Choreography By: Shelly Wayne
Demonstrated By: Kilgore College Rangerettes

Begin in straight line facing front head down

- 8 Hold 1-8
- 8 Ripple L-R: développ  “Y” scale 1-8
- 8 Ripple: drop turn split body lays over flat 1-8
- 8 Body up 1-2, “Z” sit 3-4, stand 5-6, close 7, hook-up 8
- 8 Step L 1, kick R 2, pass  R 3, shoot low R 4, jump kick R 5-6, close 7-8
- 8 Step R 1, kick L 2, pass  L 3, shoot low L 4, jump kick L 5-6, close 7-8
- 8 Straight kicks RLR 1-6, chass  R 7&8
- 8 Step L 1, R 2, spin & lay back towards audience 3-4, ball change walk back LRL 5-7, face front 8
- 8 Jump kick R 1-2, L 3-4, jump fan kick R 5-6, fan kick L 7-8
- 8 Jump kick L 1-2, R 3-4, jump fan kick L 5-6, fan kick R 7-8
- 8 Chass  L 1&2, pop jump 3-4, chass  R 5&6, jump twist L 7, jump change R 8
- 8 Jump kick R 1-2, L to center 3-4, R to center 5-6, close 7-8
- 8 Step L fan R 1-2, back ball change L 3&4, repeat 5-8
- 8 Jump fans RLR 1-6, close 7-8
- 8 Step R fan L 1-2, back ball change R 3&4, repeat 5-8
- 8 Stagger lines & face back 1-4, Groups 1/5/1: walk LRL back jet  to front 5-8
- 8 Ball change back 1-2, chass  3-4, inside step turn 5&6/7, step R 8
- 8 Step 1, prepare 2, chain  calypso to ground 5-8
- 8 Finish groups 1-8
- 8 Ripple: roll over into R split facing L diagonal 1-6, close “Z” sit 7-8
- 8 Stand 1, move L 2-4, face front & merge to straight line 5-8
- 8 Step L fan R 1-2, bow over R & swoop down to L 3-5, up together L 6, back out 7, swoop down R 8
- 8 Up 1, drop tuck front 2, split 3-4, 2nd row splits 5-8
- 8 Ripple L-R: pull L to seated pike position
- 8 Ripple R-L: prep hitch kick extend
- 8 Ripple: Shoot R leg across L spin to back & stand, hook-up
- 8 Straight kicks RLRL
- 8 Jump fan R 1-2, jump fan L 3-4, jump kick R to center 5-6, prep 7, jump split 8
- 1 Land in split

Hand That Feeds
Level 3 Field Pom

Choreography By: Becky Stover
Demonstrated By: Timber Creek Sky Dancers

Begin in 4 lines, tuck.

- 8 Hold 1-8
- 8 Groups B-F 1/3/5/7: Stand and rocket 1, high V 2, finish groups 3-8
- 8 Groups F-B 1/3/5/7: Break down 1, cross low 2, low V 3, close 4, continue groups 5-8
- 8 Finish groups 1-2, punch R arms down & across 3, break thru R diagonal 4, punch L arm down & across 5, break to upper L diagonal 6, step out to R in plié & bring poms to chest 7, tendu L and arms in R diagonal 8
- 8 Ripple: to knee shaking and swinging arm parallel to floor 1-6, step up with R to the R and break RRT arm down L hand on hip 7, hold 8
- 8 Mark time & break thru to R diagonal arms 1-2, break to L diagonal 3-4, break to high V 5-6, ball change back L & punch arms side 7-8
- 8 Walk front arms at chest 1-2, L chassé & arms rocket 3 &, low V 4, 3 step turn R 5-6, step out R arms down and focus goes down 7, switch arms & focus up 8
- 8 Ripple L-R: breaking down to low diagonal 1-6, step open arms to chest 7, close side 8.
- 8 Transition to Diamond: low V 1, high V 2, close 3, hold 4, broken arrow R 5, switch 6, T 7, close 8
- 8 Plié arms to chest 1, jump out to 2nd high V 2, circle arms down 3, behind head 4, jump together high V 5, close 6, up & forward 7, high V 8.
- 8 Punch R across 1, dig L pull R to low diagonal 2, punch L cross 4, dig R pull L to low diagonal 4, high V 5, twist back 6, twist & punch front 7, close 8
- 8 Groups in diagonals 1/2/3: step 2nd slice to diagonal 1, high V 2, swing L to diagonal 3, finish groups 4-6, pull R to low diagonal pop R knee 7, hold 8
- 8 Groups I-O 1/2/3: rocket up 1, finish groups 2-3, hold 4, Groups O-I 5/6/7: close 5, finish 6-7, hold 8
- 8 Transition to Cross: R windshield 1, broken arrow L 2, high windshield 3, behind head 4, high V 5, roll down 6, close 7, hold 8
- 8 Continue transition: chest 1, R diagonal 2, chest 3, L diagonal 4, chest 5, high V 6, slice down to low V 7, close 8
- 8 Horizontal line: punch R forward 1, dig & low V 2, step & punch L 3, low V 4, to chest 5, high V 6, close 7, tuck 8
- 8 Vertical line: repeats horizontal line movement
- 8 Ripple: shaking rocket 1-8
- 8 Finish ripple 1-4, Groups by section 5/6/7/8: close
- 8 Transition to pyramid: walk 1-4, shake at chest 5-8
- 8 Continue transition: High R broken diagonal 1, low L broken diagonal 2, upper L broken diagonal 3, lower R broken diagonal 4, switch 5, low V 6, close 7, hold 8
- 8 All jump out to 2nd & punch arms front 1, break thru to T 2,

- Odd lines – clap down 3, clap up 4, slice down 5, slice up 6, high V 7, hold 8.
Even lines – clap up 3, clap down 4, slice up 5, slice down 6, low V 7, hold 8.
- 8 Jump together rocket 1, chest 2, press low V & slight lunge forward with R 3, chest & passé R 4, press T & slight lunge R 5, poms at chest & passé R 6, press high V & slight lunge R 7, close to front 8.
- 8 Transition to triangle; poms at chest 1, shoot R up & L down 2, swing & switch 3, Indian 4, high V 5, hold 7, close down 7, hold 8.
- 8 Low V 1, T 2, high V 3, close 4, Groups O-I 5/6/7/8: 5, finish groups 6-8
- 8 Groups O-I 1/2/3/4: Cheerio down L & step out to R 1, cheerio up R side 2, V high 3, close 4, finish groups 5-8
- 8 Relevé L & extend R into degage break R through 1, step down R & break L to upper diagonal 2, punch L down to lower R diagonal 3, hold 4, throw to L middle 5, switch to R upper diagonal 6, switch leg pop and bring R to L shoulder 7, pop legs again and throw R to low R diagonal focus L 8
- 8 Ripple R-L: swing R around to T position & close feet 1-8
- 8 Close arms break thru to sides 1-2, Ripple F-B: wrap head to a tuck contagion 3-8
- 1 Hit ending position in high V levels 1

Hands are Clever
Level 3-4 Officer Jazz
Choreographed By: Andi Haddox

- 8 Hold 1-2, hips pop R 3&4, roll hips to back 5-6, step with L 7, passé 8
- 8 Push back 1-2, tap R & step out &3, reverse L &4, fan R 5-6, three step turn 7&8
- 8 Hips roll R 1, pop L 2, hip swivel 3-4, tap R 5, step out 6, hips pop R & roll 7,
prep 8
- 8 Triple pirouette 1&2, step battement 3-4, arms reach up 5-6, step to back &7&8
- 8 Reverse jeté 1-2, turn 3-4, walk 5-6, tap &7, pull R down 8
- 8 R arm down 1, cross turn 3-4, pop 5-6, hips roll L 7-8
- 8 Drag 1-2, passé 3-4, turn around yourself 5-6, cha cha 7-8
- 88 Groups 1/3/5: drag 1-2, roll 3-4, kick L 5-6, roll 7-8, step together step 1-6, swivel
leg 7-8
- 8 Quick arms 1&2, roll 3-4, tap 5-6, cha cha 7-8
- 8 Triplet 1-4, three step turn 5-6, chassé 7-8
- 8 Center jeté 1-2, ball change 3-4, walk 5-6, tap 7-8
- 8 Groups 1/3/5: turn 1-2, to ground 3-4, leg around 5-6, push through 7-8
- 8 Roll up 1-2, hips 3-8
- 8 Walk 1-4, arms 5-8
- 6 Walk front 1-4, pivot & throw 5, pose to back 6

Heart cry
Level 4-5 Officer Modern
Choreographed By: Regan Jurick

Begin feet in 2nd position arms wrapped behind back

- 8 Plié arms 2nd 1-4, R swings overhead R release to floor 5, slide to floor attitude L over & weave through to sit R passé 6-8
- 8 Ripple: passé R tilt and roll through to back 1-4, arch up changing passé 5-6, both knees pull in 7, press down R L &8, contract pulling knees in &
- 8 Swing leg up or down to roll up and transition forms 1-7, hit accents &8
- 8 Undulate down & up to standing parallel 1-2, L to chest R over head 3&, close fingers plié 4&, turn switching arms 5, grande rond de jambe 6, unwind to stand parallel face downstage 7, hands to chest & inhale &8&
- 8 Jump to 2nd RL 1&, degage R & L with rip isolation 2&, drag R to parallel coupé swivel arms to box 3&, hit accent 4, swivel walks 5-6, envelope R to change direction &7, contraction isolation shoulders then ribs &8
- 8 Relevé pulling R to ground 1-2, L comes to R 3,
Up group: developpé R &4, R through 5, run to partner 6
Floor group: press into R hand extend L to floor &4, pull L into tuck 5, roll up 6
Arms cross out & pull to hips 7&, undulate to prep 8&
- 8 Partner initiates lift by turning to other partner to prep 1-4, lift & turn 5-7, land 8
- 8 Pull away from each other 1-2,
A: step into arabesque 3-4, plié & tour, pas de chat release to floor 7-8
B: undulate 3-4, melt to floor 5-6, roll over R shoulder extending legs 7-8
- 8 Rolling transition 1-5, prep for floor work lean into L 6, plié reach behind R shoulder L swing to floor 7-8
- 8 R release to R 1, roll on back 2-3, L replaces R & R falls to attitude to floor &4, land & roll up 5-8
- 4 Step 2nd RL arms reaching 1&, step R cross L reach up & pull across 2&, undulate & walk RLRL change level on last step 3&4&
- 8 Groups 1/3/5: Rond de jambe R leg around 1-2, piqué L arm pull open 3-4, contract through 2nd plié extend arabesque 5-6, roll to floor & plank 7-8
- 8 Finish groups 1-4, roll up 5-8
- 8 Peel off one at a time to follow into a line 1-6, start chain reaction 7-8
- 8 Continue chain reaction 1-3, last dancer react 4, all melt after music 5-8

Hit the Lights
Level 3-4 Pom

Choreographed By: Rosie Torres

Start in tight cluster, feet together looking down, facing back.

- 8 Hold 1-3, look up & pray 4
Left side: step L, cross R, chassé L diagonal pray double pump diagonal 5-8
Right side: step R, cross L, chassé R diagonal, pray double pump diagonal 5-8
Center: step RL, chassé high V, pray double pump high V 5-8
- 8 Clip turn 1-2, punch 3, high V 4, Groups 1/5: toe touch 1-4, continue groups 5-8
- 8 Finish groups 1-2, roll to stand over R shoulder 3-6, pivot turn punch 7-8
- 8 Step front R low V 1, passé R & pray 2, ball change low V & 3, passé R high V 4, Transition to parallelogram: shake 5-8
- 88 Groups 1/1: ball change T 1-2, swing over & ball change back 3-4, ball change L 5-6, clip turn to pray 7-8, 2nd group goes 1-8
- 8 Ball change back R touchdown 1-2, clean chassé 3-4, developpé jeté 5-6, clip turn to front wrapping arms to L hip 7-8
- 8 Three step turn 1-2, arms cross punch 3, low V 4, Transition to cluster 5-8
- 8 Punch cross 1, half T 2, double punch high V 3&4, prep double pirouette 5-8
- 8 Jump 2nd 1, starburst 2, diagonal or high V 3, angle rockets 4, punch to PAC man arms or punch to high V 5-6, pull in elbow or double punch high V arms 7&8
- 8 Groups 1/3: switch arm diagonals 1-2, finish groups 3-4, punch center 5, high V or diagonal 6, ball change & 7, R kick 8
- 8 Recover step R low V 1, pivot over L punch R 2, walk back 3-4, snake forward & Transition to stagger lines 5-8
- 8 Ripple R-L: temps la flèche circle arms to double lunge collapse 1-8
- 8 Group L-R 1/3/5: step back L leg point R with L arms 1-2, finish groups 3-6, pray sit & back to L 7-8
- 8 Step L & circle R to prep 1-2, low chainé axle soutenu 3-6, low V 7, T 8
- 8 Slide L with L 1-2, pas de bourré 3&4, Transition to cluster: touchdown 5-6, shake to pray 7-8.
- 8 Groups 1/5/1: slide R dig with throw arms 1-2, step L sit high V arms to wrap on R hip 3&4, step forward R choo choo to floor 5&6, fold in & down 7&8
- 8 Finish groups 1-8
- 8 Touchdown 1, low V 2, R arm to chest 3, switch 4, R to high V 5, circle R back to R high V 6, L arm to high V 7, fold arms behind head 8
- 8 Groups 1/3/5: Stand rond de jambe to floor punch rocket arms collapse 1-2, finish groups 3-6, hold 7-8
- 8 Close knees developpé R extension 1-2, roll back T 3-6, roll back to knee 7-8
- 8 Groups B-F 1/3/5: stand punch rocket arms 1-2, finish groups 3-6, fold arms behind head 7, back to rocket 8
- 8 Step L swing arms down 1, T R passé 2, chassé R punch cross forward to T 3&4, clip turn clean 5-6, step into tight cluster with shaking poms 7-8
- 8 Groups 1/3/5: jump 2nd face L top diagonal punch R arm up then switch 1-2, finish groups 3-6, swing L to R collapse into full tuck facing R side 7-8

I Saw Her Standing There
Level 2 Officer Field Pom
Choreographed By: Emily Woodard

Begin in 1 line facing L corner, hands to R hip.

- 8 Hold 1-6, R passé 7, step front low V look L 8
- 8 Ripple L-R: arms to V look front 1-8
- 8 Split from center: step open 'K' 1-2, step cross 3-4, open low V arms 5-8
- 8 Step turn back to center 1-2, face back 3-4, chassé touchdown face outsides 5-6, hit hips to front 7-8
- 8 Close to front or back (form staggered lines) foot R diagonal 1-2, L diagonal 3-4, shake to medium rocket 5-7, flip poms 8
- 8 Switch lines swing R up to high V 1-4, wrap head 5-6, clap 7-8
- 8 Drag side push parallel to L corner 1-2, clip L foot back high V 3-4, unwind 5-8
- 8 Prissy dig R L wrap tummy 1-4, swing L in front of face to low V tuck 5-8
- 8 Groups R-L 1/3/5/7: stand open 2nd face back L to ear 1-8
- 8 Transition to 3 blocks in diagonal – stage R group is downstage: facing front shake 1-4, pizza slice R 5-6, L 7-8
- 8 Groups R-L 1/5/1: R chassé front touchdown break to candlesticks 1-4, L pas de bourée bow and arrows 5-8
- 8 Step open R punch L across low 1-2, kneel face L diagonal R up over to cross 3-4, finish groups 5-8
- 8 Finish groups 1-4, levels in blocks all high V 5-6, in out 7-8
- 8 Groups F-B 1/3/5: high V circle pickup 1-6, recover square to front 7-8
- 8 Both to L corner medium level 1-2, swing to L behind head L low V 3-4, L to ear R wrap tummy 5-6, clean L R to high V 7-8
- 8 Break to bug 1-2, tuck feet 3-4, step L open wiper arms with hips L R 5-6, R high V 7, close feet L high V 8
- 8 Slide L foot circle L arm to T 1-2, chassé back T arms 3-6, face front clap 7-8
- 8 Pinwheel Transition to columns or skinny block move: parallel arms circle down towards R to touchdown 1-4, roll to belly button 5-8
- 8 Ripple F-B: slide out diagonal arms look in 1-8
- 8 Close to outside foot switch diagonal 1-2, plié knees to outside fold arms in out 3-4, slide windmill arms to cheer face inside 5-8
- 8 Groups B-F 1/3/5/7: face back pop R knee hook up head back 1-8
- 8 Every other line chassé hooked up R or L 1-4, pivot turn to hips 5-7, close front 8
- 8 Step open to outside wrap head opposite arms 1-2, other arm 3-4, cross low at wrist 5-6, jump together all high V 7-8.
- 8 Transition to staggered block: shake to low V 1-4, circle underneath to low V 5-8
- 8 Groups on diagonals 1/3/5: step back L cross low at wrist head down 1-2, close to R foot break to R diagonal look L 3-4, finish groups 5-8
- 8 Step open R to second L diagonal 1, fold in 2, R figure '4' shoulder level 3, L figure '4' low level 4, plié low rocket 5, shake to high needle close to L foot 6-8
- 8 Ripple L-R: R 3 step turn front poms to chest finish cheer low needle 1-8
- 1 Jump out 2nd starburst in V's pose 1

I Won't Give Up **Level 4 Lyrical**

Choreographed By: Clayton Cross, Luise Hooks, Caitlin Poulton, Katie Purdue,
McKenzie Robinson, Cassie Rowland

Dance is counted in 6's

- 6 Everyone: Hold 1-6, soloist stand on "a" after the 1st 6 counts
- 6 Soloist: reach 1-3 touch chest & stomach 4-6, Group: roll up 1-6
- 6 Soloist: fist on 1-3, release up 4-6, Group: reach 1-3 tuck 4-6
- 6 Soloist: shift gaze down 1-6, Group: roll to stand in staggers 1-3 stand all hold 4-6
- 6* Ungulate to L 1, walk 2-3, lean 4, swivel grab ears 5-6
- 6* Ball Change 1-3, inverted fan 4-6
- 6* Rainbow point 1-3, flick jump 4-5, spiral L arm 6
- 6* Pull 1-3, step 4, coupé turn with T arms 5-6
- 6* Move to Triangle: walk 1-3, reach R arm 4, L 5, contract 6
- 6* Chug flick 1-3, reach to floor or stand & extend 4-6
- 6* Lunge grab L fist 1-3, snake step back 4-6
- 6* Spiral turn 1-3, step 4-5, glissade 6
- 6 Press arms 1-3, step brush R foot to sauté in 2nd 4, unwind 5-6
- 6 Slide to floor 1-3, roll 4-5, tuck to feet 6
- 66 Snake to stand 1-3, Pick up in groups 4/1/4 : travel L press R arm rainbow 4-6
- 6 Still in parts: Reach extend 1-3, run to change formation 4-6
- 6 Still getting to new formation 1-3, look at hands 4-5, grab fists 6
- 6 Release 1-3, reach R across 4-6
- 6 Soutenu towards partner 1-3, partner catch 4-6
- 6 Drop over partner 1-3, back partner picks up other person's arm 4-6
- 6 Ballet waltz R pressing arms 1-3, reverse waltz grab arms 4-6
- 6 Piqué turn 1-3, soutenu grab 4-6
- 6 Arabesque turn 1-3, travel to staggered lines 4-6
- 6 Continue traveling 1-3, coupé turn 4, prep 5-6
- 6 Double pirouette 1-2, land 3, spiral grab arm 4-6
- 66666666 Repeat * with everyone doing standing part & then reaching arms after coupé turn begin on 1, continue through spiral turn 1-3, walk to beginning position 4-6
- 6 Soloist: repeat beginning with reach into touch chest & stomach 1-6,
Group: reach away 1-3, back to center 4-6
- 6 Soloist: repeat grab 1-3 release with focus front instead 4-6, Group: grab
with soloist 1-3, high release 4-6
- 6 Soloist: focus travels up into high release 1-6, Group: focus travels back to
center 1-6

I Won't Let You Go
Level 3 Lyrical

Choreography By: Jesus Acosta, Kali Boyd, Clayton Cross, Cali Hoffman, Amanda Philio, Shannon Reznick Dunham,

Begin in clump, standing feet parallel w/ arms by side & head down

- 8 Hold 1-2, pull jazz hands to "pockets" 3, pull fists to chest 4, reach arms out 5-7, stand 8
- 8 Group shift to L & look L 1-4 (duet reaches to R 1-4), slide L foot back to bend/ elbows up 5-6, pull L foot back to R & head roll to R on relevé 7-8
- 8 Bend over 1-2, elbows pull 3, "scarecrow" arms up 4, shift to R & pull L elbow to R 5, shift to L & pull R elbow to cross 6, circle down/around to chassé R 7-8
- 8 Reach arms parallel up L & stretch R leg low R 1, step R 2, pull L into R bringing arms down 3, place R hand tummy & L hand lower back/head down 4, step L to turn over R & transition to staggered lines with arms softly stretching in front 5-8
- 8* Slice arms across in front & on L/stretch R leg side 1, drop R foot 2, shift to L 3, swivel hips w/R leg (L arm half "T"/R arm up) & 4, prep R 5, inside attitude L leg/forced-arch turn w/arms high fifth crossed 6, arabesque in relevé (arms in a "T"/head release) 7, step L 8
- 8* Step R w/ arms pressing front & flexed hands 1, flat back 2, Groups L-R 3/5/7: arms to chest 3, stretch to "T" (jazz hands) 4, step R 5, sauté reach front L/R & 6, unwind w/arms wrapping chest step L 8
- 8* Continue groups step L scoop arms to "L" 1-2, pull down from elbows to back 3-4, finish groups 5-8
- 8* Front Line: slide back on R /L up 1-2, roll to stand L 3-4, turn over R wrapping L around head & R arm slice down 5-6, step L 7, step R 8, step L &
Back Line: reach arms up & open feet 1, shift to R pulling elbows down 2, step L to front T 3, battement R 4, passé R & pull elbows down 5, pivot R & throw 6, step L 7, R 8, L &
- 8 R jeté 1, land 2, drop over 3, roll up 4, step R plié 2nd/wrap R arm behind head & L arm to tummy 5-6, chaîné R 7-8
- 8 R drag 1-2, Partners ("A" & "B") "A": walk around partner 3-4, plié 5, sauté 6, sit roll over R 7-8.
"B": ungulate over 3-4, hold 5-6, coupé R foot 7, battement T & head release 8
- 8 "A" step L 1, R tendu & snake 2, hold 3-4, "B": L leg tendu 1-2, snake 3-4
All Together: shift R 5, "ole" grab arms 6, chaîné L 7-8
- 8 Feet open/relevé & jazz hands 1, half elbow pull &, over 2, head snake 3, reach L hand &, reach R hand 4, sway 5-6, sway 7-8
- 8 Transition to staggered columns: drag 1-2 step 3, reach 4, step 5, push turn 6-8
- 8 Stand in 1, hold 2, step 3, passé 4, lay down 5-6 look away grab partners hand 7-8
- 8 Parts: leg circle to stand 1-8
- 8 Walk back to staggered lines 1-4, jump up R arm 5, land 6, push R 7, push L 8
- 8888 Repeat * groups all together
- 8 Roll or unwind to clump 1-4, jazz hand 5, grab 6, head roll R 7-8
- 8 Look R 1-2, L 3-5, Soloist repeats beginning arabesque to R then walks away

I'm on a Roll
Level 1 Pom

Choreographed By: Alex Alpha, Kali Boyd, Lindsay Early, Cali Hoffman, Hayley Hoffman, Hillary Hoffman

Start in Triangle facing L side

- 8 Ripple L-R: R arm circles front L behind back 1-8
- 8 Ripple F-B: R arm overhead 1-4, jump to 2nd touchdown 5-6, low V 7-8
- 8 Groups 1/3/5: step R punch R cross 1, punch low V 2, 2nd group add in step L face side punch L cross 3, punch T 4, 3rd group add in face front punch R low cross 5, punch high V 6, step L 7, high V 8
- 8 Transition to staggered line walking arms shake down 1-4, wrap R 5, down 6, wrap L 7, down 8
- 8 Jump to 2nd K to L 1-2, half T to R 3-4, release head arms down 5, flat back poms to knees 6, jump to front cross 7, pull to R diagonal low V 8
- 8 Shake low step & close 1&2, shake front 3-4, Front Line: circles 5-6, All together: circle 7, high or low V 8
- 8* Bounce to R arms raise or lower in opposition 1-6, plié circle to clean 7-8
- 8* Front Line: three step turn over R shoulder 1-4 windshield wipe high arms to R 5-6, low 7-8, Back Line: scoop walk front shaking poms 1-4 windshield wipe high arms to R 5-6, low 7-8
- 8* Lines repeat movement now switching parts to change lines again 1-8
- 8* Ripple L-R: arms over 1-8
- 88 Drop to L side 1-2, Groups 3/5/7: arms swing to shoulder & hip 3-4, touchdown 5-6, down 7-8, jump out to 2nd step over 1-2, snake up 3-4, finish groups 5-8
- 8 Transition to 3 pods: roll to R 1, clap 2, roll L 3, clap 4, L ½ T 5, switch 6, repeat ½ switches 7-8
- 8 Repeat walking arms again
- 888 Groups F-B 1/3/5: cheerio circle to L hip 1-2, hold 3-4, step to side punch R 5-6, face back L arm R up 7-8, turn to face front 1-2, steps 3-4, jeté 3-6, land flat back 7-8, jump to 2nd low V 1-2, finish groups 3-6, All together: punch front cross RL 7-8
- 8 Pump chest 1-2, diagonal R arm to L 3-4, L diagonal to R 5-6, circle to chest 7-8
- 8 Transition to staggered lines with same walking arms as before
- 8 Continue transition
- 8888 Repeat * to ripple side party arms, drop to knee 5-6 shift & punch side in opposition 7-8

I'm Still Hot
Level 3 Camp Jazz

Choreographed By: Alex Alpha, Clayton Cross, Andi Haddox, Luise Hooks, Kelsey Joseph, Caitlin Poulton, Shannon Reznick Dunham, Amanda Scogins,

Begin in a straight line, split into "A" and "B" parts.

- 8 Hold 1-4, "A" step out & wrap head 5/6/7/8, "B" tuck to floor 5/6/7/8
- 8 "A" flip hands 1, half T twist R 2, switch to L cross 3-4, ball change with shoulders 5-6, reverse shampoo & sit release 7-8
"B" lean back & wipe R 1-2, pop up 3, head 4, body roll back 5-6, reverse shampoo & sit release 7-8
- 8 Pop up 1, sit L 2, cross hands 3, face center 4, runway walk 5-8
- 8 Continue runway walk cross to staggered lines 1-8
- 8* Jump out frame face R 1, knock R arm 2, bend R 3, straight 4, wipe across 5-6, twist half T & 7, sit back R & body roll & 8
- 8* Roll hips 1-2, roll & grab 3-4, Groups F-B 5/7: roll up to R "4" 5-6, finish 7-8
- 8* Step R brush L cross 1, jump to elev e 2, step out grab to L shoulder 3, pirouette swirl arms overhead 4-5, step R 6, circle hips L hands pressing 7, wrap hands 8
- 8* Groups R-L 1/3/5: Drag R arm half T 1-2, clean 3, battement 4, pivot 5-6, step 7, pass e front with running arms 8
- 8 Swirl arms 1, behind head 2, finish groups 3-6, cross overhead 7, face front snap 8
- 8 Head up 1, close & low V 2, Transition to triangle: walk 3-4, wrap 5-6, extend front 7, wrap & tuck 8
- 8 Hold 1, jump 2nd 2, hips R 3, L 4, cross wrist & picot heels R 5, L 6, point front 7, clap & 8
- 8 Groups in diagonals 1/3: fan R arm & shift 1-2, wrap L 3, touch floor R 4, finish groups 5-6, snake up 7-8
- 8 R jazz hand to shoulder 1, L &, pass e & cross R 2, body roll 3, snap 4, pirouette wrapping chest 5-6, pull arms out to chest 7-8
- 8 Transition to staggered lines switched: walk 1-4, cross front & throw & 5, walk 6-7, clean 8
- 8888 Repeat * with no parts, drag section all together
- 8 Swirl arms 1, behind head 2, Groups B-F 1/3: release & roll to floor 3-4, stand up 5-6, finish groups 7-8
- 8 Walk to one line 1-4, wrap R arm 5-6, extend front 7, wrap & tuck 8
- 8 Hold 1, jump 2nd or hit knees 2, Arms shift side to head in opposition 1-4, Standing group: point forward 7, clap & 8
- 3 R arm melts over top 1-2, drop & look R 3

It's Not You It's Me
Level 5 Pom

Choreographed By: Lindsey Early, Caitlin Hendricks, Luise Hooks, Monique Jordan,
Kacey Lee, McKenzie Robinson, Sarah Starkweather, Emily Woodard

Begin in staggered lines – tucked to L corner ‘thinker pose’

- 8 Hold 1-8
- 8 Roll to switch corners & arms 1-3, straighten legs box arms look front 4, open to muscle man 5-6, low V 7, wrap & turn 8
- 8 Charge front lasso 1, T 2, medium needle 3, baseball &, wrap tummy L R 4, Groups R-L 5/6/7: K across 5, inside turn cheerio 6, plié low V 7, chassé back 8-1
- 8 Jeté facing R 2, land 3-4, finish groups 5-6, pump ½ T 7, lean back pose 8
- 8 Groups in lines 1/3: back line starts: lift up circle 1-2, wrap tummy R kick 3-4, roll to back to stand or front line to knees 5-8
- 8 Circle T's 1-2, L to ear 3, medium needle &, motorcycle 4, muscle man switches &5, A line L diagonal look R 6, B line repeat 7, break to R diagonal look front 8,
- 8* Look L pump 1-2, swing R under to low V 3-4, B Line: walking front K R 5, L low ‘L’ 6, ½ T 7, tour touchdown arms 8. A Line: poms to knees 5, fold to chest 6, cheer position poms to knees 7, stand 8
- 8* B Line cont: land clean 1-2, tuck R leg throw L arm 3-4, roll to stand face front 5-7. A Line: walking front K R 1, L low ‘L’ 2, ½ T 3, tour TD arms 4, land 5, L pivot 6-7, All Together: walking together mirroring arms punch across low 8
- 8* Break to diagonal 1, switch diagonal 2, both to low V angle across 3, jump 2nd poms behind back 4, all thrash to L wall 5, switch 6, head roll back 7-8
- 8 Punch parallel down opposite 1, start walking to 2 diamonds 2, shake 3-4, plus sign R L 5-6, R ½ T &, punch across T level 7, open 8
- 8 Step open low V 1, step across ½ T twist 2, step open cheerio circle 3-4, prep to R corner 5, double turn poms to knee 6-7, jump 2nd 8 (Stage R does movement towards R corner, Stage L mirrors movement)
- 8 Groups on diagonals: up/down switches 1-2, check mark leans high or low 3-4, all cheer to front 5, jump 2nd 6, chaser arms to high V 7&8
- 8 Groups F-B in diamonds: release 1, plié over 2, jump together break to T 3, cross L prep R arm over to L 4, low chainé open 2nd 5-8
- 8 Roll to front tuck 1-2, finish groups 3-6, punch cross wrists front 7, release back 8
- 8 Groups F-B 1/3/5: L arm up flip 1-2, finish groups 3-6, ½ T to back 7, high V 8
- 8 R 3 step turn to back wrap arms to clean 1-4, rotate (points go towards outside) cheerio arms opposite for each group 5-8
- 8 R pivot turn arms T 1, front wrap both behind 2, step R open throw R 3, jump together to R corner L punches medium level 4, step R L turning over R shoulder poms to chest 5-6, battement arms down 7-8
- 8 Transition staggered lines: shake 1-4, ripple L-R: rocket up to head & V 5-8
- 888 Repeat *
- 8 Punch parallel down opposite 1, start walking to clump 2, shake 3-4, plus sign R L 5-6, R ½ T &, punch across T level step open 7, pull through ½ T 8
- 1 T to R corner look 1

Let's Go (Kick)
Level 3 Kick

Choreography By: Lindsay Early, Hillary Hoffman, Sydne Miller, McKenzie Robinson,
Cassie Rowland, Erica Trull

Begin in 2 lines

- 8 Hold R tendu 1-4, back line pivot 5-6, front line 7-8
- 8 Hip roll 1-2, criss cross 3-4, walk 5-6, passé & pose 7-8
- 8 Chassé back 1-2, wrap arms 3-4, moving 5-6, hook-up 7-8
- 8 RL & Cross kick 1-2, R open 3-4, passé L & ball change back 5-6, together 7-8
- 8* Straight kicks RLRL 1-8
- 8* Corner kick 1-2, front 3-4, corner 5-6, hips L 7, front 8
- 8* Fan R 1-2, out together out 3-4, fan L 5-6 out in out 7-8
- 8 Straight kicks RLR 1-6, prep & pop 7-8
- 8 R low 1-2, L medium 3-4, R high 5-6, close 7, arms 8
- 8 Front row back open 1-2, chassé through 3-4, back row jetés to tuck & front row ball change back 5-8
- 8 Tuck girls roll up 1-4, other row step battement cross 1-4, turn around 5-6, hook up 7-8
- 8 Bow ripple L-R 1-8 passé R tendu out
- 8 Switch feet 1-2, passé across 3, open 4, ball change 5-6, inside fan R 7-8
- 8 Soutenu ripple 1-7, drop & hook up as you recover 8
- 888 Repeat *
- 8 Single R kick 1-2, close 3, arms 4, walking R arm & 5, L arm 6, cross 7-8
- 8 Move to Triangle 1-6, hook-up 7-8
- 8 Graduated around the world RLR 1-7 hold 8
- 8 Graduated around the world LRL 1-7 hold 8
- 8 Front row step fan 1-2 to knee 3-4 hold 5-6, Back row hold 1-2 fan 3-4 to knee 5-6, close 7-8
- 1 Pose

Lets Go (Hip Hop)
Level 5 Hip Hop
Choreographed By: Keith Green

- 8 Stay standing on sides of floor
- 8 Start walking in towards center
- 8 Continue walking
- 8 Walk forward to center of floor
- 8 Step L circle arms L 1-2, jump together then out L bent &3, switch to R bent then jump together 4&, kick L chug then jump together arms in machine gun position &6, pull R shoulder back 7, throw 4 fingers up RL &8
- 8 Step R wing arms 1-2, throw R up 3, snake head L 4, make check R &6, press L down &7, punch R to L & point R &8
- 8 Circle body L 1-3, step back RL hand in OK position &4, step R punch L arm 5, L arm up 6, punch L arm behind body 7, hands on mouth RL &8
- 8 R punch down 1, L punch down 2, snake L 3-4, step RL arms in claws &5-6, quick step LR snake R &7, punch R in jazz hand 8
- 8 Press R leg out 1-2, close 3, step forward hands throw cards &4, jump out punching R cross L cross R back L back 5-e-&-a, point to head 6, drag L 7, step together face R &, stomach contraction 8
- 8 Hold 1-2, tap R 3, step back RL 4&, hold 5, step together &, body straight 6, melt poses 7-8
- 8 Step R pull L around 1-2, step together 3, jump out frame mouth 4, stylized step back RL 5-6, drag R pointing R 7, knees switch LR flick wrists in and out &8
- 8 Step L nodding head 1-2, repeat on R 3-4, thrash head down to L 5, switch head R 6, catch step backwards RL drumming hands 7&, repeat 8&
- 8 Melt into pose 1-4, melt to different pose 5-8
- 8* Pose 1-2, pose 3-4, pose 5-6, drum from bottom to top 7-8
- 8* Throw arms up 1, bounce 2-4, steering wheels arms L 5-6, switch R 7-8
- 8* Repeat to L 1-2, R 3-4, snake body up 5-6, throw arms up &7, head nod &8
- 8* Chest pop &1, drag L 2-3, half tuck 4, point different directions 5-8
- 8 Half tuck 1, snake outside of formation 2-4, step R 5, together 6, step L 7, together 8
- 8 Point R heel drop &1, L should pop L heel drop &2, grapevine back LRL 3&4, pop L snake body back &5-6, drag front 7, together &, jump out 8
- 8 R out 1, shift L out 2, invert L knee 3, L shoulder pop snake R 4, step cross L wing arms 5, tap R wing arms 6, cross R wing arms 7, step L wing arms 8
- 8 Snake body L 1-2, L heel pop 3, R elbow push 4, step together 5, jump hit R hand L foot 6, drag L 7, pop R heel up arms in cheerio 8
- 8888 Repeat * through half tuck 1-4, pony back while drumming arms 5-8
- 8 Step R 1-2, Step L 3-4, Step RLRL snaking body up 5-8
- 8 Jump out throw R arm up

Look At Her Go
Level 2 Officer Hip Hop
Choreographed By: Rosie Torres

Begin in tight cluster, then explode out

- 4 Hold 1, Groups 2/3/4: pops up high V & flexed hands 2, finish groups 3-4
- 8 Melt & walk to stunt or individual space 1-4, "kemp" 5-8
- 8 Kemp stunt recovers 1-2, bases recover 3-4, point out to starburst 5-6, pray 7, explode with jazz hands 8
- 8 Scoop body into center 1-3, hold 4, broken down body roll 5-7, small jump 8
- 8 Recover hold pli   1-2, stand in wide 2nd 3, box arms 4, slide push L 5-6, R 7-8
- 8 Walk L with a swag 1-2, walk R 3-4, Transition to staggered lines 5-8
- 8 Front line: Jump grand pli   R pointing across 1-2, bend R 3, point out 4, slide L hand under R elbow 5, point R to head 6, flick R out in out 7&8
- 8 Back line: lean back 1-2, straighten out 3-4, pulse body 5-8
- 8 Front line: Scoop body L 1-2, L on hip 3, R on hip 4, isolate shoulders LRL 5-8
- 8 Back line: Repeat chorus
- 8 Wobble R 1-2, L 3-4, wobble & walk forward 5-7, hold 8
- 8 Step L to center 1, step in R 2, tuck twist turn to back 3-4, chug with wobble 5-8
- 8 Groups 1/1/1: run high knees LRLR 1-4, hip roll R 5, drop to L knee 6, switch knees 7-8
- 8 Continue groups 1-8
- 8 Finish groups 1-8
- 8 Isolate body while getting up, face back & go over opposite knee 1-8.
- 8 Ball change get up & point R 1-2, bend R 3, point out 4, press L hand to down angle 5, press R arm 6, contract & pulse 7&8
- 8 Isolate L 1-4, press R down angle 5, press L center 6, contract & pulse 7&8
- 8 Wobble & walk R broken T 1-4, L 5-8
- 8 Full chug contract front side back 1-6, jump 2nd face front 7, hands to floor 8.
- 8 Groups 1/1/1: B-boy floor walk 1-6, little cartwheel 7-8
- 8 Continue groups 1-8
- 8 Finish groups 1-8
- 8 Slide L knee with R moving forward in rond de jambe 1-4, isolate upper body to standing 5-7, close R to first position 8
- 8 Ball change LR & 1-2, slide L 3-4, walk to cluster 5-8
- 8 Soloist on L of form: step out 1-4, free style 5-8.
- 8 Center group: open out to 2nd 1-2, pli   3-4, pulse 5-8
- 8 Left soloist walk back to form: 1-4
- 8 Center group: close feet to first parallel 1-2, hold 3-4, body roll to sitting 5-8
- 8 Center soloist: walks forward 3-4, free style 5-8
- 8 Stand 1-2, pulse chest 3-4, step out L to L diagonal & isolate upper body 5-8
- 4 Ripple R-L: flick throw hands up while leaning back, release arms down while leaning forward

Moves Like Jagger
Level 2 Field Pom

Choreography By: Kristina Tarman
Demonstrated By: Fort Bend Austin Angels

Beginning Position: Feet together in a tuck, poms touching the ground, head down

- 8 Odd Lines: roll up and shake poms 1-4, L arm half T R high diagonal 5, switch to low 6, circle L arm to R knee and close feet 7-8
- 8 Even Lines: roll up and shake poms 1-4, R arm half T L high diagonal 5, switch to low 6, circle R arm to R knee and close feet 7-8
- 8 Odd lines: step L front w/ low V arms 1, pivot back w/ poms at chest 2, step L dive arms out 3, poms to chest step R 4, step L 5, close feet, face front 6, dive up 7, poms around to knees 8
- Even lines do same thing but start with high V 1-6, dive down 7, poms up 8
- 8 Ripple L-R: alternating high V or low V stepping out R 1-6, close in 7-8
- 8 Transition to form 2: low 1, in 2, out middle 3, in 4, up 5, in 6, out T 7, in 8,
- 8 Odd diagonals: three step turn 1-3, step out R punch L 4, Even: repeat 5-8
- 8 Odd diagonals: chassé L 1-2, ball change with L arms 3-4, Even: repeat 5-8
- 8 Battement switching L 1-2, soutenu drop 3-4, prep poms at knees 5-6, X jump 7-8
- 8 Groups in diagonals F-B 1/3/5: step out L arm high diagonal. R arm half T 1-2, shoot L arm through 3-4, circle L arm back flexing R foot 5-6, L parallel to ground, face R 7-8
- 8 Finish groups 1-4, bow & arrow 5-6, circle L arm around to end in low V and feet close R to L 7-8
- 8 Groups in diagonals 1/3/5: Step R cross poms low 1, kiss feet and R passé hands behind head 2. step out R cross poms parallel to ground 3, close feet poms on hips 4, finish groups 5-8
- 8 Transition to form #3: R arms check mark L pom on L hip 1, alternate L,R,L 2-4, cross poms in front 5-6, daggers 7, close arms at sides 8
- 8 Groups 1/2/3/4: Shoot poms up to back high diagonal, Groups 5/6/7/8: shoot poms to front low diagonal
- 8 Groups O-I 1/3/5: cheerio up w/ feet together 1-2, low 3-4, cheerio up and jump to 2nd position 5-6, high V 7, plié and bring poms to low V 8
- 8 Finish groups 1-4, L pom to R shoulder R pom to R hip 5, switch 6, poms down parallel 7, jump together poms up parallel 8
- 8 Ball change R front look up dropping poms at sides 1-2, step R 3, prep L in front, "L" 4, single pirouette 5-6, jump 2nd poms down 7, jump together arms in "T" 8
- 8 Groups 1/5: step RL circling arms 1-2, half T 3, face R & punch arms parallel 4, L knee in L arm in 5, out 6, face back poms in 7, face front, plié, flat back 8
- 8 Finish groups 1-4, snake up 5-6, relevé R cross arms 7, sit back on L leg, poms on hips 8
- 8 Groups O-I 1/5: Outside V chassé poms in 1-2 step L 3, jeté high V arms 4, tuck 5-6, roll 7-8
- 8 Continue groups stand 1-2, poms in 3, close feet poms up 4, finish groups 5-8
- 8 Walk back L,R,L,R 1-4, pivot front 5, upper body over 6, pose in levels 7

No Light No Light
Level 4 Officer Contemporary
Choreographed By: Kali Boyd and Hayley Hoffman

Start in two lines facing opposite in 1st position parallel arms by side. Front line L, back line R

- 8 R reach out to side & up with a jazz hand “you are the”, R break at elbow over head rebound to side as R twists to forced arch turned out “morning”, R break at elbow across chest drop heel “when it’s”, R initiates turn in low arabesque R out head is up “clear”, drop over “when “, R extend back to lunge arms reach to touch down jazz hands head up “its”, drop back “over”, R brush up flexed to enveloppé reach & cross to front “you’re the start”, R points to swivel up across face & back behind head to behind lower back “you’re my head”, R side “you’re”, L side “my”, L step front prep arms round “heart”, double pirouette
- 8 R rond de jambe en l’air 1, continue momentum in 2nd position to transition 2-8
- 8 Reach any direction 1-2, out to 2nd position relevé T jazz hands 3, wrap face L side in plié 4, Groups L-R 5/6/7: R push R leg to turn out L hand wide near shoulder 5, drop to R 6, drag L diagonal R throws over 7, step R 8
- 8 Step L 1, turn L relevé as R extends arms up 2, step R 3, step L drop 4, flat back hands flexed by armpits 5, push hands step R back 6, L back 7, step R to prep for sauté 8
- 8 Sauté land to opposite side tuck 1-2 finish groups 3-4, swing R to back 5-6, pelvis press up head release L wrap stomach 7-8
- 8 Roll R to stand side 1-4, Transition to triangle 5-8
- 8 Battement R to diagonal arms by ears 1, passé R 2, leg down 3, L crosses behind R reach to R jazz hand look side 4, turn L in relevé as R swipes to rotate 5, wrap R L around back 6, Groups 7/1: R reach up step R 7, L head release 8
- 8 L bends to parallel passé arms bend break at elbows palms in 1-2, step L attitude turn R arms open head release back 3-4, rond de jambe R to front 5-6, step R 7, squirrel jump arms reach & cross in front 8
- 8 Roll on back R swings around 1-3, tuck 4, push off L to repeat reach & roll 5-8
- 8 Reach R up jazz hand, pinky starts ripple fingers & Transition 1, finish groups 2-8
- 8 Arm open side taking you to R 1, L end crossed behind R wrap waist 2, repeat movement start L 3-4, step R open arms 5, turn over R cut L out arms to 1st 6, low chainé R 7-8
- 8 R passé L swings up & around to jump arms by ears 1-2, land L in tendu R plié body over & head facing L diagonal 3, hands move L as weight shifts 4, R kick bottom 5, L extended to L off the floor 6, flip body R in lunge snake back 7-8
- 8 Arms open around wrap waist 1-2, step L attitude R around arms in L 3-4, R front 5-6, plié 2nd shoulder/elbow leads front 1st parallel 7-8
- 8 R reach out jazz hand 1, L reach out jazz hand 2, drop head elbows pull fist 3, reach R front 4, reach L front &, drop plié 5, arms slice out 6, jump up release head arms cross at peak 7, cross & down back over 8

- 8 Groups B-F 1/3: press to push up & drop pelvis release up 1-2, bug 3-4, pull up L high knee R extends arms cross & reach 5-6, cross R front of L to extend L back upper body over 7-8
- 8 Swing L across to gain momentum toes stay on the floor L arm follows leg 1-2, swing L leg side and back to roll up to standing 3-6, rond de jambe R leg around L arm carves opposite 7-8
- 8 Turn step RL 1-2, Jeté front arms up 3, drop over plié, 4 finish groups 5-6, swivel R to Indian 7-8
- 8 Drag back L 'L' release head 1-2, step RL 3-4, step L to face R arm up 5, throw R over to back R flick 6, step R front arms pull away 7, breakthrough down to side 8
- 8 Hold 1, arms push flexed jazz hands relevé &, broken T diagonal L 2, carve up & around to circle side 3-5, lawn mower R pulls up diagonal &6, stay rounded R step side upper diagonal 7, L follows R 8
- 8 Original back line move up to 2 lines monkey R arm swing 1, L swing 2, pull R passé elbows in to side fist 3, burst out 4, step R 5, jump reach 6, turn over L to back reach to upper R diagonal L tendu 7-8
- 8 Back line: wrap flat back front 1-2, snake up 3-4, drop hold 5-8
Front line: wrap stay up front 1-2, ungulate flat back 3-4, snake up 5-6, drop 7-8
- 8 Lines in opposition: outside arm comes to mouth as leg pops "tell", extend out side "me", cut inside arm under arm pit outside slice focus up inside turn drag leg around "what you", turn to form line "want me", R swivel up across face & behind head to come to mouth fist focus down "to", focus head up hand opens "say", slide into lunge L raise R away from mouth fingers twinkle, Ripple L-R: fold over legs L bent R extended out L comes cover cut L under to roll on back, knees up and arms on floor above head

Paranoid Level 3 Hip Hop

Choreography By: Alex Alpha, Rhodessa Bell, Jessie Heck, Kacey Lee, Katie Purdue,
Cassie Rowland

Begin in triangle, everyone posed in levels

- 8 Hold 1-4, chest pop 5-6 & 7-8
- 8 Groups random 1/3/5/7: pose facing front
- 8 Bouncing on heels freestyle hands 1-4, stepping out with R foot head roll R 5 & 7
- 8* Sitting in R hip push up ribs 1-2, switching L arms wrap head 3, jump together snap 4, arms come down as you transition to staggered lines 5-8
- 8* Jumping on L foot arms circle out R first 1-2, jump to contract over R leg arms pull back then to hug 3-4, arms circle down to wrap head 5-6, hips RLR as arms come down 7&8
- 8 Jumping to 2nd circle outward 1, clean 2, Groups 3/5/7/1: L ½ T kicking R 3-4, switch 5-6, jump turn 7-8, pose to L corner “yelling” & points 1-2, finish groups 3-6, scoop L arm jump & snap 7-8
- 8 Jump to back arms cross low V 1-2, hips LR 3-4, fan 5-6, L push L 7-8
- 8 R arm pushes up down 1-2, Groups 3/5: contract over arms pull back 3-4, reverse scuff with R leg to R side 5-6, finish groups 7-8
- 8* Two body rolls 1 & 3, chest forward 5, knees swivel front 6, head look front 7, hunch shoulders 8
- 8 Transition to straight line: swing R arm up to box 1-2, L 3-4, body rolls 5-8
- 8- Ripple: as snake to close 1-8
- “It’s the Jump Off” pose & big breath with chest
- 8 Jump RL arms grab pockets 1-2, cowboy R arm knees wobble in 3-4, alternating groups jump forward on R knee or back on R knee with L leg up 5-6, switch 7-8
- 8 Pony on L leg arms cross to low V 1-4, box punches in front of face 5-7, jump to 2nd 8
- 888 Groups 1/3/5: big arm circle to 2nd 1-2, lean LR ½ T hitting shoulders 3-4, down to R 5-6, push through to ‘crab’ arm hits down up 7-8, swing R arm over as body slides to L knee 1-2, tuck 3-4, jump up to 2nd 5-6, turn over L shoulder to L knee as shoulders circle 7-8, finish pick up 1-6, everyone steps R and R arm scoops to box and L leg hitches 7-8
- 8 Continue repeating alternating box jump transition to staggered lines for repeat
- 888 Repeat * - same choreography but different counts & dynamics with back beat starting with circle arms, box arms articulating down turn to R on 8
- 8 Slow articulated body roll initiating with head 1-4, two body rolls on 5-8
- 8 Chest forward 1, knees 2, head 3, shoulders shrug 4, scoop to box step R 56, L 78
- 8 Walk to triangle 1-4, head roll R on 5-8
- 8 Arms push up ribs then head 1-3, jump both arms snap up 4, ripple F-B: pulling arms to close as turning over R, then swivel back front to R knee head down
- 8 Continue ripple 1-3, Everyone pound L hand 4, L arm pulls head and extends &5-6, L jazz hand behind head R jazz hand in front of face, two head pops front then side on &7&8

Pom Mix
Level 1-2 Pom
Choreography By: Christie Crummel

Beginning Formation: Start in a straight-line shoulder-to-shoulder feet together and poms by your side. Number off 1-4

- 8 Ripple: poms up over head LR "1-2-3-4"
- 4 Clap to diagonals of 4
- 8 High V 1&2, circle R pli  3-4, circle L pli  5-6, needle close 7-8
- 8 Move to files with diagonal arms 1-8
- 4 Close 1, elbow pull different ways 2-3, center 4
- 8 Burst cascade in files of 4 every count 1-8
- 8 Transition to Staggered lines: shake poms at chest 1-8
- 8 Fight Song progression in Groups 1/5/1: punch R down 1, up 2, lean R 3, Indian close 4, L up 5, circle R up 6, Indian close 7, knee pop side low V 8
- 8 Continue groups 1-8
- 8 Pencil turn 1-4, "break it down" half T 5-6, slide poms down body burst center out 7-8
- 8 Snake up 1-2, Transition to 2 triangles: shake poms at chest 3-8
- 8 K Burst arm work 1-3, hold 4, circle to head 5-6, hip tap 7-8
- 8 Pivot turn 1-4, high or low arms 5-8
- 8 Groups F-B 1/3/5: High V pass  1-2, wrap unfold 3-4, finish groups 5-8
- 8 Close clap 1-2, move to file 3-7, needle 8
- 8 Ripple F-B: Lunge to side arms circle R down to side 1-8
- 8 Ripple: Up and over R then L end side 1-8
- 8 Ripple: Drop it scoop circle up to needle 1-8
- 8 Ripple: Split punch up down and over 1-8
- 8 Snake up 1-2, move to letter clump 3-8
- 8 Continue to move 1-4, level and circle poms "Whoop" 5-8
- 8 School letter "M" 1-4, clap 4X 5-8
- 8 School letter "A" 1-4, clap 4X 5-8
- 8 School letter "#" 1-4, clap 4X 5-8
- 8 School letter "1" 1-4, clap 4X 5-8
- 1 Throw poms up in the air

Pop Drop and Roll
Level 4 Officer Hip Hop

Choreographed By: Amanda Scogins

Begin in circle, L leg inside, rest on the R knee

- 8 Hold 1-4, Groups 5/6: rise to center 5, leg 6, hold 7, tuck inside 8,
- 8 Ripple: lay to ground back roll 1-8
- 8 Transition to staggered lines: walk 1-4, R arm muscle 5, L 6 turn head down 7 up 8
- 8 Melt down 1-4, T arms pop 5, hands on head 6, snake 7-8
- 8 B boy section R cross 1, open 2, kick 3, L leg & open 4, mannequin 5-8
- 8 T arms pop 1, R down 2, R up 3, close 4, point melt 5-6, roll up & close 7-8
- 8 Squat walks front 1-4, groups clap pose 5-7, two claps & 8
- 8 Roll up wacks R arm 1, roll down wack 2, R arm out 3, L &, close 4, snake 5-6, flat back snake 7-8
- 8 Wind up 1-2, move to flips 3-4, assistant flip 5-8
- 8 Groups 1/3/5: R elbow 1, L arm 2, body roll 3, R knee 4, snake L 5, chest pop & 6, R knee down 7, kick L 8
- 8 Finish groups 1-4, stand 5-8
- 8 "Skip a roo" L 1, R 2, step R 3, twist & 4, clip turn L 5-6, hop turn 7&8
- 8 Walk L 1, R 2, arms up 3, hat 4, R arm 5, L 6, layout 7, up 8
- 8 Hip snap R 1-2, L arm hip 3-4, serve walk back R 5, L 6, walk R open 7, close 8
- 8 Close 1, half T 2, throw 3, close group "10" poses 5-7, throw front 8
- 8 Fall front 1, up 2, open RL & 3, chest pop 4, head R & 5, L & 6, safe arms 7, snap close R 8
- 8 Slow tempo grove 1-2, point grove 3-4, Transition to triangle: arms around head 5-7 pray 8
- 8 Shuffle feet front 1, look L 2, hold 3, muscle 4, hold 5, vogue 6, crack & 7, close 8
- 8 Hip swings 1-2, hit R hip 3-4, "10" reach arms 5-6, Ripple F-B: down 7-8
- 8 Hold 1, R arm to chest 2, lift pop elbow 3, point L front 4, lean back snap 5, step R 6, open lunge 7, close 8
- 8 Wind up 1-6 walk to partners 7-8
- 8 Walk to partners 1-2, set up for cartwheel 3-4 flip 5-8
- 8 Transition to triangle 1-4, cross R 5, throw L front 6, throw R high V 7, close 8
- 8 Tip walk back LRLR 1-4, step front L 5, B boy down 6, turn 7-8
- 8 Walk front RL 1-2, arms at chest 3, muscle arms 4, twist & sit F-B 5-7, fall out ending 8

Pound the Alarm
Level 2 Camp Hip Hop

Choreography By: Jesus Acosta, Rhodessa Bell, Sara Kercho, Kacey Lee, Sami Mason,
Amanda Philio, Julie Rowley

Formations: 4 Lines, Triangle, 2 Lines, 1 Line, 2 Lines, Triangle
Feet out in 2nd arms down facing back,

- 8* Hold 1-4, Groups 5/7/1: snake front over L shoulder hands to hips 5-6, continue groups 7-8
- 8* Finish groups 1-2, lean back cross arms 3, back to pose on hips 4, Chug R punch arms down 5-6, Chug again arms parallel 7-8
- 8* Lean back 1-2, Opposition in lines: scoop deep 2nd to chin 3-4, step through chest pop 5, hands to knee 6, face back pop chest 7, hands to other knee 8
- 8 Switching Lines: step on free foot walk 1-3, snap upstage arm & jump together 4, sassy slap walks to triangle 5-7, jump together broken T 8
- 4 Groups: Point to outside & down to ground 1-3, flat back 4
Soloist in Middle: Mime "Pound the Alarm: 1-4
- 8** Jump R broken 1, jump L broken 2, step R scoop out pull broken T together 3-4, fist pump jump kicks L foot R arm 5-6, R foot L arm 7-8
- 8** Jump out point 1, jump together cross arms 2, Groups F-B 3/5/7: kick R foot 3, lurch down 4 to knees 5, kick & punch L 6, tuck R knee up 7-8
- 8** Finish groups 1-4, Progression by diagonals: L arm L foot 5, arms parallel step R 6, step L broken T 7, jump & snap 8
- 8** Transition to 2 Lines: Walk LRLR around self 1-4, slide clap L 5-6, R -8
- 8 Point in opposition by line 1-2, switch 3-4, snake swing to pose 5-6, pop 7-8
- 8 Point in opposition by line 1-2, switch 3-4, snake swing to opposite 5-6, pop 7-8
- 8 Ripple from opposite ends: Roll arms down body 1-2, push arms out 3-4, break through & snap look 5-7, hold 8
- 8 Finish ripple 1-4, three step turn dig to switch lines 5-8
- 888 Push hips to face back 1-4, Groups 5/7/1: Begin repeat *
- 8 Walk moving lines away from each other 1-3, snap 4, sassy slap walks to straight line 5-7, jump broken T to stage R 8
- 8 Point down different ways 1-4, step into 2 Lines to mime "Pound the Alarm" 5-8
- 8888 Repeat ** groups all together & transition back to triangle
- 4 Point to outside melt 1-3, head up 4

Power of Love
Level 2-3 Field Jazz

Choreographed By: Kim Cardwell

Demonstrated By: Lindsay Early, Luise Hooks, McKenzie Robinson, Cassie Rowland

- 8 Hold 1-4, Groups: A's walk forward to staggered line 5-6 passé point look R hand to hip 7-8
- 8 B's walk back 1-2 passé point R 3-4, Everyone together ball change R arms crossed 5-6, passé R arms circle to V 7-8
- 8 Drag to dig R hand hip L arm cross 1-2, prepare pirouette 3-6, jump out V 7, forced arch & touchdown 8
- 8 Ball change back 1-2, battement arms L 3-4, dig to side 5-6, hip pop 7-8
- 8 Groups 1/3: chassé 1-2, jeté 3-4, step 5, face back arms up 6, finish groups 7-8
- 8 T prep 1-2, chaîné side 3-4, walk front arms circle 5-8
- 8* Open V 1, head roll 2-3, cross L 4, chug 5, hold 6, pump half T 7, low V 8
- 8* Triplet 1&2, pivot circle arm 3-4, step R 5, L 6, prep 7-8
- 8* Pirouette 1-2, chassé opposite V's 3-4, step L 5, R 6, tuck 7, hold 8
- 8 Lean on L elbow 1, kick R 2, roll to back 3-5, chassé opposite directions 6&7, step 8
- 4 Cut L out 1, step 2, passé arms touchdown 3-4
- 8 Break down V 1-2, pose 3-4, chaîné 5-6, step 7 flick 8
- 8 Step 1-2, walking changing windows R up 3-4, L 5-6, touchdown 7, hops 8
- 8 Ripple: arms windmill & wrap L-R 1-8
- 8 Ripple: passé point R-L 1-8
- 8 Ripple: arms circle to tuck L-R 1-8
- 8 Jump out and wrap first group 1-2, second group 3-4, wrap V cross 5, switch 6, low V 7, hips 8
- 4 Chin step R 1-2, sit back 3-4
- 8 R hip 1, L 2, R arm up 3, switch 4, swing 5, tap 6, arm up 7-8
- 8 Ball change 1-2, step 3, jump together T 4, step L 5, fan 6, step 7, dig 8
- 8 Hip pop 1-2, step forward 3, passé 4, pivot 5-6, face back 7-8
- 8 Pivot front 1-2, walk arms circle & cross 3-8
- 888 Repeat *
- 8 Lean on L elbow 1, kick 2, roll to stand 3-5, pivot 6-7, prep 8
- 4 Pirouette 1-2, jump out low V 3, together 4
- 8 Walking R arm 1-2, L 3-4, melt down 5-8
- 88 Groups 1/3: Plié 1, drag 2, walk 3-4, ball change T 5-6, tuck & roll 7-2, L leg out 3-6, look front 7,β switch 8
- 1 Release 1

Promises
Level 4 Contemporary

Choreography By: Jesus Acosta, Jessie Heck, Sara Kercho, Amanda Philio

Begin in 2 diagonals in windows with groups facing different directions

- 8 Snake head up 1-3, R arm &, L arm 4, melt back 5-6, step R & under curve 7-8
- 8* Enveloppé L leg 1-2, R arm & leg forward 3-4, R body half turn 5-8
- 8* R attitude chug L arms 1-2, head snakes L 3-4, step L 5-6, hands on R knee 7-8
- 8* Extend R w/ arms opening to T 1-2, prep 3-4, R double arabesque turn 5-8
- 8* R knee on floor & L knee extends L arm swipe 1-2, contract to stand 3-4, R battement flexed 5-6, ball change 7-8
- 8 R passé chug in plié 1, step R 2, R arabesque turn chug 3-4, Partner A runs 5-8
- 8 Pike jump R passé 1-2, turn L 3-4, R grabs & head releases 5-6, R tour en l'air arms up 7-8
- 8 Roll 1-2, R floor leap 3-4, Transition to triangle 5-8
- 8 Jump in 2nd position plié R 1-2, accent chest 3&4, temps levé sauté upper body release 5-6, opposition relevé arms up & L leg flexed behind 7-8
- 8 Step L 1, R passé 2, R flexed arabesque arms swiping down 3-4, leg down 5, Transition to lines 6-8
- 8 Snake L 2nd position plié arms pointing down 1-2, shoulders & R leg 3-4, grand plié pushing out 5-6, L pitched inverted fan 7-8
- 8 Lines meet 1-4, front leans back as back reaches over 5-8
- 8 Walk 1-2, flexed hip twist 3-4, front plié through 4th position as back line space holds 5-8
- 8 Walk to partner 1-2, partner manipulation to bend forward 3-4, R inverted fan to pose for top partner 5-6, bottom partner pose 7-8
- 8 Groups 1/3: flat back thrash 1-2, finish groups 3-4, head R arabesque turn 5-8
- 8 Walk into center clump 1-4, arms out to chest 5, in to outside hip 6, circle outwards face in 7-8
- 8 Groups 1/3/5: R arm grows through 1-2, windmill to floor 3-4, bug roll 5-6, continue groups 7-8
- 8 Finish groups 1-4, upper body circle 1-3, R crosses back 4, R rond de jambe 5-8
- 8 Head snakes up & arms to hips 1-4, Transition to lines with arm gestures 5-8
- 8888 Repeat *
- 8 Repeat ends 1-4, walk into clump 5-8
- 1 R leg extension with arms extending up & melt down

Push the Tempo
Level 2-3 Camp Pom

Choreographed By: Clayton Cross, Caitlin Hendricks, Cali Hoffman, Luise Hooks,
Kacey Lee, Katie Purdue

- 8 Hold 1-4, ripple R-L 5-8
- 8 Rocket 1, step R 2, together 3-4, whip R 5, open 6, whip both 7, ½ T 8
- 8* Push 1, down & 2, K 3-4, switch 5-6, swing cheerio 7-8
- 8* Groups 1/3/5: pivot swipe 1-2, rocket 3-4, finish groups 5-8
- 8* Wrap 1-2, step R arm up 3-4, snaps 5-6, swipe across 7-8
- 8* Groups 1/3/5: Step prep 1-2, battement 3, land down 4, snake 5-6, windmill 7-8
- 8* Finish groups 1-6, whip it 7-8
- 8 Transition to Triangle: swipe down 1-2, cross 3-4, R arm down 5-6, step 7, head 8
- 8 Front group: circle R & L arm 1-2, add in groups 3-8
- 8 L arm up 1-2, prep 3-4, double pirouette 5-6, jump arms out 7, together 8
- 8 Kick ball change L 1-2, flick lick 3-4, muscles 5, close 6, waterfall down 7-8
- 8 Groups 1/3/5: R sauté roll to bug in diagonals 1-8
- 8 Hold 1-2, starburst 3-4, circle arms 5-6, melt in 7-8
- 8 Jump out 1-2, snake to R 3-6, throw cross 7, together 8
- 8 Repeat transition arms
- 88888 Repeat *
- 8 Move together and shake up or down 1-4, Ripple 5-8
- 1 Switch to R arm up & sizzle down 1

Put Your Graffiti On Me
Level Pep Rally Hip Hop

Choreography By: Rhodessa Bell, Caitlin Hendricks, Kacey Lee, Sami Mason, Sydne Miller, Amanda Philo, Krystal Royster, Erica Trull

Start in staggered lines of 2 or 4

- 8* Contract L 1-2, hip roll R 3-4, reverse R hip roll 5-7, snap L 8
- 8* Straight leg hip isolation L 1-4, push 5&6, open lunge 7, zip 8
- 8* Dirty bird 1-3, pull to L hip 4, Groups L-R 5/6/7: snap and lean R 5, finish groups 6-7, pop 8
- 8* Transition to switch lines: step touch L 1-8
- 8* Jump to wide 2nd rib undulate 1-2, Groups in lines (odd/even) 1/3: roll down leg 3&4, kick L 5, double lunge 6, finish groups 7-8
- 8* Groups R-L 1/3/5: flap 1&, clutch pearls R hand 2, finish groups 3-6, step R 7, look L & add L hand both hands pull to hips 8
- 8* Push R fist behind back 1, L fist 2, half T 3, twist L & 4, drag L foot R arm 5-6, down 6, crooked leg 7, senior portrait pose in opposition 8
- 8* Throw top leg behind 1, flip it 2, step together step 3&4, in opposition walk to files 5-8
- 8 Groups B-F 1/3/5: Dancer 1&3, look over R shoulder 1, lean L elbow on L knee 2, dancer 2&4 shoot L hand corner 1, lean R and open arm 2, finish groups 3-6, alternate poses with partner 7-8
- 8 Sassy walk back to original staggered lines
- 88888888 Repeat *, walk to very tight staggered lines instead of files
- 1 Snap L hand to audience 1, sassy walk off

Rock the Boat
Level 4 Pom

Choreography By: Jesus Acosta, Kali Boyd, Robbyn Good, Kelsey Joseph, Amanda Philio, Julie Rowley, Krystal Royster

Begin in single file line, hold through the intro voice.

- 8 Opposition diagonals 1, re-punch same diagonal 2, T 3, switch diagonal 4, circle high arm to rocket 5-6, step L or R hit 1st diagonal 7, step together 8
- 8 Ripple F-B: step out to R or L push arms to center 1-6, Groups 7/8/1: prep for tilt 8, tilt 8
- 8 Finish groups to land tuck 1-4, out to 2nd T 5, plié facing out punch 6, repeat beginning diagonal 7, step into line 8
- 8 Groups pick up F-B 1/3/5/7: moving R or L to create V – drag step across 1-2, three step turn 3&4, cross 5, chassé 6&7, arms pull to low V sit facing in 8
- 8* High V 1, switch low plié 2, bow & arrow R 3, switch &, box R 4, ball change swing back 5-6, turn R to face back swivel to behind head 7, face front in opposition low V 8
- 8* Jump together touchdown 1, prep 2, double pirouette 3-4, jump 2nd R bow & arrow high diagonal 5, switch L low 6, slice meet arms 7, open to low V cross 8
- 8 Groups F-B in opposition 1/2/3/4: punch outside diagonal 1, open to face back 2, punch high arm to tuck 3-4, roll to stand 5-8
- 8 Finish groups 1-4, walk to staggered lines circle cheerio 5-6, R hip 7, switch L 8
- 8* Jump out half T 1, slice low V 2, pump R 3, L 4, ball change punch R front &5, circle 6, step R 7, L 8
- 8 Jeté 1, Odd lines: tuck to ground 2-3, high knees punch L 4
Even lines: jump 2nd punch R 3, L 4,
R ‘K’ 5, swing L 5, cheerio 7, close arms in &, release and straighten front 8
- 8 Odd lines: double punch low V 1-2, whip 3-6, punch cross open 7-8
Even lines: high V 1, low V 2, whip 3-6, punch cross open 7-8
- 8 Odd lines: roll to L stand 1-4, chaîné back 5-6, step back RL 7-8
Even lines: step behind L 1, three step turn R 2&3, step drag R arms cross 4, walk forward 5-6, roll 7-8
- 8 Odd lines: reverse jeté 1, ball change back 2-3
Even lines: continue roll to stand 1-3,
Jump together wrap 4, Transition to triangle: shake R across 5-6, circle R 7-8
- 8 Continue transition: T clap to rocket 1-6, roll down 7, clean 8
- 8 Step L punch 1, swing to R behind back 2, step R punch 3, turn over L behind head 4, jump rocket 5, low V 6, R high diagonal &, L high diagonal 7, R low diagonal &, L to meet R plié side 8
- 8 Groups L-R 1/3/5: ball change T 1-2, cross 3, pop & sit 4, finish groups 5-8
- 8 Ripple F-B: diagonal windmill arms to tuck back diagonal 1-8
- 8 Ripple opposite direction: lay out release & punch up 1-8
- 8 Close to tuck 1-2, flat back 3, snake up 4, chaîné front 5-6, shake front 7-8
- 888* Repeat * through circle 6, pivot 7, turn back 8
- 1 Jump 2nd low V release head 1

Rocky Mountain Way
Level 5 Jazz

Choreography By: Andi Haddox, Jessie Heck, Shannon Reznick Dunham, Cassie Rowland, Sarah Starkweather

Level 5 Jazz
“Rocky Mountain Way”

- 8** Peel in 1, step out 2, clip turn to front with L arm swirling 3-4, wipe R arm 5, L 6 enveloppé battement L leg &7 chassé 8&
- 8** Upper body drops 1, snake up 2, fast wraps starting with R &3& push both arms front 4, step back with both feet together &5 temps de flèche 6& preparation 7, R *coupe’ turn with R arm overhead 8&
- 8* Rond de jambe R leg 1, plié, back attitude R leg with R arm sweeping overhead 2, stop in parallel position to the L diagonal 3-4, sassy hips 5, 6, R hand over mouth 7, toss to back and drag 8
- 8* Run 1&, throw front 2, step 3&, cut side 4, walk 5&, back soutenu 6, step 7, “SYTYCD” jump &8
- 8 Jeté in 2nd 1, turn out 2, lyrical arms 3, grab to the back 4, turn to front & drop R shoulder forward 5, Sassy roll 6-7, bring arms up in a “four” 8
- 8 Extra sassy jazz walk 1-2, run 3&, sauté with arms slicing across 4, roll to floor 5-6-7, prep 8
- 8 Pretzel floor handstand 1-2, pivot towards the back 3-4, T 5, wrap behind back 6, grab hands 7, push to side 8
- 8 Chassé to front with arms crossing & throwing 1-2, step 3, fan 4, step with R 5, snake 6, step L 7, clip turn 8
- 8 Turn in 2nd position 1-2, 3-4, 5-6 squeeze knees together & wrap arms, pirouette &7, jump out 8
- 8 Hips 1, throw arms up 2, sassy hips pushing back to the right 3-4, soutenu with L arm reaching 5-6, walk to L diagonal with L hand peeling back on face 7-8
- 8 Battement to back corner 1, step 2-3, peel and reach 4, prep & 5 chainé 6-7, low chainé 8&
- 8 Turning switch jeté 1, land 2, shift weight & jump to other side on the floor 3-4, push hips forward and reach R arm up and over 5, tuck 6, roll to stand with legs in narrow 2nd position head roll 7-8
- 8 Roll to stand 1-2, stand 3-4, swing arms back and rock hips 5-6 swoop 7-8
- 8 T feet together 1, snake up with arms coming together 2, step tendu 3, body roll 4, walk around yourself 5-6-7 prep for repeat coupé turn 8
- 888 Repeat *
- 88 Repeat **, three step turn to back 5-6, feet out 7, throw arms 8, head to ceiling &

Safe and Sound
Level 4 Modern

Choreographed By: Jamie Drake

Groups of 4 divided into Pair "1" and "2". Each pair divided into Partner "A" and "B"
Begin with Partner "A" sitting legs crossed facing downstage L corner focus down, "B"
standing behind their partner focus down.

- 8 "A" Hold 1-4, slowly lift focus up 5-8
"B" Slowly reach toward partners head 1-4, pull back 5-8
- 8 "A" Shift head to R 1-2, head & shoulders L 3, add ribs into shift R 4, add hips
into shift L 5, send weight to R to roll & stand 6-8
"B" Sway with partner touching head 1-2, release & sway 3-5, unwind 6-8
- 8* Contract to knee press 1&, L hand in front of face 2, R hand up &, open R arm &
shift 3&, weight to L 4, Cross L degage box arms pop &, extend to R 5, run 6&,
"B" lift partner up while "A" sauté arms reach up 7, land 8
- 8* "A" turn around self in upper body release hand to fists 1&, drop 2, petite jeté
with light arms to L 3, land coupé 4, under curve chassé to arabesque 5, open
chest front & attitude 6-8
"B" Swirl down 1&, drop 2, petite jeté with light arms to R 3, land coupé 4, under
curve chassé to arabesque 5, open chest front & attitude 6-8
- 8* Wrap arms & run "A" in front of "B" 1-3
"A" release chest & open arms out 4, step out R release side 5, L 6, circle upper
body front 7, lift R leg to flexed attitude holding knee & counterbalance L 8
"B" hug on 4, push R 5, L 6, "Horton" lunge to L 5-8
- 8 Step R or L 1, together release down &, sauté up high release 2, drop &, run to
diagonal 3&, jeté back leg attitude open chest up 4, scallop run to center 5-7,
touch face of dancer to your L 8
- 4 Press & reach to outside of circle 1-3, return to face center 4
- 8 Pair "1" run towards outside corners 1&, assemble drop over 2, roll up 3, hold 4
Pair "2" reach away from center 1-2, chase 3, cover eyes 4
Slide R to deep 2nd 5, cut & 6, sauté arms swipe to R 7, cross L & slide to floor 8
- 8 Slowly roll to back & contract 1-4
"1" reach out 5, contract in 6-8
"2" roll front 5, reach to arm 6, pull in 7, prep 8
- 8 "1" assist partner in loft over 1-2, contract to sit 3-4, cross R to stand to front 5
"2" loft over 1-2, roll up 3-4, open inside arm & shift 5
Open outside arm & shift 6, Partner "A" run to "B" 7-8
- 8 Press lift with bent knees 1, recover 2, shift R & spiral 3, chainé L with box arms
4, step L &, inverted pas de chat contact upper body pull to bird arms 5-6, leading
with R arm run to beginning standing position 7-8
- 888 Repeat * through pushes 5-6
"A" spiral to beginning position on group focus down 7-8
"B" Push partner swirl to R 7-8
- 4 "A" slowly lift focus up 1-4
"B" pull partner head up 1-4

Sousa Spectacular
Level 2 Camp Field Kick
Choreography By: Shelley Wayne
Demonstrated By: Kilgore College Rangerettes

Begin in a straight line facing the back, head down

- 8 Ripple L-R: turn over L shoulder face R diagonal hand to heart 1-8
- 4 Finish ripple 1-4
- 8 Roll-off circle hook-up 1-4, salute 5-6, hook-up 7-8
- 8 Exercise back L 1-3, passé R 4, back R exercise 5-7, kick L to L 8
- 8 Exercise back L 1-3, kick R 4, back R exercise 5-7, passé 8
- 8 R corner kicks from L
- 8 L corner kicks from R
- 8 Clip R to low L ball change 1-3
- 8 Chassé L 1&2, ball change side L &3-4, switch ball change R &5-6, arm circles close 7-8
- 8 Exercise kick L 1-3, kick R 4, bow over 5-6, recover up 7-8
- 8 3 exercise kicks RLR 1-8
- 8 Pivot back 1-2, move line in tight 3-8
- 8 Continue to move to line in tight 1-4, pivot to face front 5-8
- 8 Ripple L-R: bow & hook-up R 1-7, head front 8
- 8 Ripple R-L: bow & hook-up L 1-7, head front 8
- 8* Hop touch R then L with heads 1-4, jump kicks RL 5-8
- 8 Repeat *
- 8 3 straight kicks RLR 1-6, pop jump 7&8
- 8 Jump point R to L 1-2, jump kick L to corner 3-4, jump point L to R 5-6, jump kick R to corner 7-8
- 8 3 straight kicks RLR 1-8
- 7 Stagger 1-4, pivot face back 5-6, swing to front L diagonal pose hand to heart 7

T.H.E
Level 2 Pom

Choreography By: Alex Alpha, Rhodessa Bell, Caitlin Hendricks, Jessie Heck, Sami Mason, Sarah Starkweather

Begin in bowtie formation with the middle dancers in a tuck (A) and the outside dancers standing with arms wrapped at their shoulders (B). Hold first claps.

- 8 A's: hold 1-4, stand broken arrow front 5, switch &, switch 6, buckets in front 7, broken T & low V 8
B's: broken arrow front 1, switch &, switch 2, rocket facing front 3, wrap to low V 4, shake hips 5-8
- 8 Punch front arm &1, punch back up &2, step front whip 3, clean 4, face each other buckets 5, pop T 6, opposite diagonals 7, together clap 8
- 8 Ripple I-O: punch to knee with outside on hip 1-4, Ripple F-B: fountain arms 5-8
- 8 Cross step 1, low V 2, step clean arms 3, punch R across 4, double pirouette 5-6, jump hands behind back 7-8
- 8 Transition to staggered lines: low V release 1-4, flat back turn around yourself 5-8
- 8 Flat arm circle 1-4, circle arms 5-8
- 8* Plié bucket arms 1, jump 2nd low V arms 2, Groups F-B 3/5: high four arm 3, broken arrow to R &, low V 4, R out left behind head 5, cross over 6, everyone pick up to switch head release 7, down to L knee 8
- 88* high or low V 1-2, rocket up or down 3, in 4, Groups L-R 5/7/1: check marks 5-6, release 7-8, step 1-2, cross arms 3-4, battement 5-6, down 7-8, cheerio 1-2, broken arrow to L 3-4, finish groups 5-8
- 8 Turn both hands behind 1, T 2, hips 3, switch 4, ball change 5-6, step 2 lines 7-8
- 8 Ripple: turn to front back arm up 1-4, ripple: lunge 5-8
- 8 Groups F-B 1/3: punch up 1-2, up on knees 3-4, bug 5-6, hold 7-8
- 8 Pop up 1-2, snake opposite ways 3-4, bow arms 5-6, open 7, T 8
- 8 Circle to clean 1-2, finish groups 3-4, chassé 5-6, jeté 7, clean 8
- 8 Transition back to staggered lines: flat arm circle 1-4, circle arms 5-6, again 7-8
- 888 Repeat * with check mark parts all together until cross 3, bring L across to turn back 4, walk 5-6, T 7, wrap 8,
- 1 Pose 1

Take A Bow
Level 4-5 Officer Lyrical
Choreographed By: Clayton Cross

Begin in bow position

- 8 Hold 1 look 2 , turn grab 3-4, Spanish arms 5, press 6, step throw 7-8
- 8 Slice 1, turn 2, swivel grab 3-4, drop arm &5, brush attitude 6-7, windmill 8&
- 8 Land front 1, box arms &2, reach 3, side plié 4, arm turn 5, reach 6, step & swivel R heel &7-8&
- 8 L elbow grabs head 1, reach look &2, plié 3, sauté or reach 4, pull unwind or roll 5-6, circle arms tuck 7-8
- 4 L coupé swirl 1-4
- 8 Tendu reach 1-2, passé 3, ball change &4, soutenu 5-6, rond de jambe 7, step 8
- 8 Sauté attitude 1, sauté cross arms 2, step land 3, enveloppé passé 4&5, step R 6, turn towards partner 7-8
- 8 Push 1, step to relevé 2, step RL &3, rond de jambe 4&5, face gesture 6&7, Spanish arms press 8
- 8 Unwind 1, fondu 2, flamigo 3-4, soutenu 5, jump out &6, hold (soloist battement & pull) 7-8
- 4 Rond de jambe with port de bras 1-2, arabesque plié 3-4
- 8 Press 1, swivel L arm 2,
First group: snakes back 3, face back 4, reach around to front on R 5-6, L 7-8
2nd Groups snake back 3-5, face back 6, reach around to front on L 7-8
- 8 Circle R arm around head 1, snake around 2, slide out 3, look or switch knees RL &4, roll up center 5, step L 6, sickle 7, prep &8
- 88 Flamingo sauté 1, land runners stretch 2, hold 3, L arm to knee 4, R to heart &, release L up 5
Back line: slide & roll to stand 6-8, continue roll 1-4
Front line: lean L 6, step R 7, plié prep 8, squirrel jump 1, land 2, unwind to face front 3-4
Gestures or walking 5-8
- 8 Continue 1-4, face back 5-8
- 4 Hold 1-4
- 8 R elbow &, L elbow 1, R Arm reaches up &2, L &3, drop L elbow 4, circle R arm around 5-8
- Silence Look R & gesture to end

Think like a Man
Level 3 Officer Hip Hop
Choreographed By: Yasmeen Montes

The majority of this choreography is taught to lyrics and beats. Begin in one line facing the back in individual poses, using different levels.

- 8* Hold 1-2, isolation pose &3, hold 4, switch levels 5-6, isolation pose &7 hold 8
- 8* Switch & stand 1-2, isolation pose &3, hold 4, pivot R 5-6, stagger lines 7-8
- 8 Conversation arms out-in close fists “You called me”, roll finger swiveling hips L “your dream babe”, step L push head “and foolish”, step back RL & R brushes hair back snake “of me I”, open up R “believe”, close R & contract “that”
- 8 Rond de jambe R push “You said”, roll wrists above head to make crown “every king”, press together in front of chest roll “needs his queen babe”, L steps back sharp (beat), head snaps front (beat), 2nd plié as you open the door L push front & out “that’s why you”, L circles scuff “needed”, scuff R shoot out with jazz hands & head releases back “me”, parallel jazz hands on chest “baby”, twist up R punch broken first (beat), twist L punch broken fist (beat), twist plié arms down (beat)
- 8 Step R push up chin “In”, push palms face down “between”, open R knee & finger slice “lost”, slice “and”, draw sides of torso above head “love”, snap pose (beat), step R over L conversation hands “You go”, step L “and”, R swings around to mouth “things”, hit R with L hand falling over to R “up”, snake “ohh”
- 8 Step L “now there’s no”, R folds at chest & elbow points “we babe”, hit R elbow & chin pops (click), drag turn L hands press out bounce “there’s”, bounce “just”, swing hips front “you”, back “me babe”, R-L plié (beat-beat-beat), roll (pause)
- 8 Plié parallel pedestrian slide R outside of L knee &, L-R 1, R up to outside of R ribcage &, L up to outside of L ribcage 2, extend legs release head back & arms open palms up &, initiate body roll down hands to chest 3, break down body roll &, down to knees 4, release rolling upper body L-R &5-6, groove R 7-8
- 8 L stepping around “silly”, push out R “you”, clap extend out & head release “silly”, half T “me”, step R punch back & body dips to snake up “silly us”, reach out jazz hands “what a”, arms hug & elbows hit “wa-aste”, switch lines 7&8.
- 8 Groove front elbow punch &1, extend out & around dip in plié 2, L &3-4, groove back to staggered lines RLRL 5-8
- 8 2nd position parallel snake down R unfolds point “You better”, continue to snake “act like”, stand (click), cross & slide out “a woman”, contract model pose (click), drag turn to back “and think like”, raise R muscle man “a”, raise L “man”
- 8 Shift body to R half T “I”, close elbows & shift L “need”, shift body up & down R arms starburst up & out 1, snake back & pony to face front &2&, repeat 3&4, groove step back push arms back and out RLRL 5-8
- 8 Frame yourself R leg hinged in “you better act like”, switch legs pop chin up & break wrists in loose fists (click), press down & swing hair to R diagonal “a woman”, finish snake (click), travel in opposition stepping out & grooving arms press out “and think”, step cross back “like a”, turn & step in muscle man “man”
- 88 Repeat *, walk RL 5-6, pivot R brush &7, face back 8, walk upstage to exit

Tight Rope
Level 3 Contemporary

Choreography By: Lindsay Early, Jessie Heck, Caitlin Hendricks, Luise Hooks, Kelsey Joseph, Sami Mason, Sarah Starkweather, Erica Trull

- 8 Hold 1-8
- 8 Funky walk in parts 1-8
- 8: Wrap 1, up 2, peel 2nd grande pli  3-4, walk hands 5-6, around 7-8
- 8 Look & hold 1-4, arms around 5-8
- 8* Swing 1-2, circle 3-4, shoulder & step out L 5-6, reach across with R extended 7, pass  & contract 8
- 8* Lunge 1-4, 2nd grande pli  swinging head R 5-6, fan/cut 7-8
- 8* Groups 1/3/5/7: L chasse 1-4, pas de chat 5-6, belly 7-8
- 8* Roll arms to ground 1-2, finish groups 1-8
- 8* Reach & extend R 1-2, roll 5-8
- 8* Extend R leg 1-2, hop around 3-4, reach R 5-6, down 7-8
- 8* Wrap R hand around head 1-2, look up 3-6, grab 7, pull to chest 8
- 8 Ripple: slow spiral 1-8
- 8 "Westside story" walk flick wrists accenting on even counts 1-8
- 8 Fast "Westside story" walks accenting on every count 1-4, reach 5-6, Indian 7-8
- 8 Groups 1/3/5/7: slide 1-2, back 3-4, shoulders contract over 5-6, feet to first 7-8
- 8 Click R 1, center 2, click left 3, finish groups 4-8
- 8 Reach strong RL & 1, suspend 2, walk to partners 3-4, twist 5-6, return 7-8
- 8 Groups 1/3/5: grab 1-2, spiral partner down to floor 3-8
- 8 Other partner falls back into arms 1-2 swing 3-4, finish groups 5-8
- 8 Hold 1, pose 2, hold 3, slice 4, down partner pose 5-6, up step 7-8
- 8 Reach over & Transition back to staggered lines 1-8
- 8 Beginning walks 1-8
- 8 Swoop 1-2, extend out to "T" 3-4, curve hands into sternum 5-6, hands & head up 7-8
- 8 L pass  1-4, R elbow 5-6, arms around 7-8
- 8888888 Repeat *
- 8 Spiral together 1-4, contract to stand 5-7, pose 8

Tonight is the Night
Level 1-2 Hip Hop

Choreography By: Alex Alpha, Clayton Cross, Cali Hoffman, Hillary Hoffman, Amanda Philio, Caitlin Poulton

Begin facing back stage R

- 8 Hold 1-8
- 8 Groups F-B 1/3/5: throw arms to Indian in levels 1-3, finish groups 4-7, everyone jump to 2nd parallel arms box throw on 8
- 8* Step RLR 1-3, arms 1/2 T twist L &4, step LRL 5-7, 1/2 T twist center &8
- 8* Level arms throw it away to L stepping R 1, 1/2 T 2, knees R elbows & head look R &3, pop &4, up & over throw away to R step L 5-6, ball change forward R &7, chest pop 8
- 8* Lines in opposition: drop forward picking back leg arms scoop up 1, knee lifts arms cheerio 2, jump 2nd arms side 3 chest pop &4, head bang arms wrap 5-6, switch 7-8
- 8* Lines in opposition: stepping out push inside arm & slice across 1, opposite arm snap in touchdown 2, switch 3-4, switch lines walking R 5-8
- 8* Groups B-F 1/2/3: stepping out L arm push 1, clap 2, R knee 3, L knee 4, finish groups 5-6, running man R leg L arm 7, return to knee 8
- 8* Groups F-B 1/3/5: punch arms behind legs release head roll to R ending over R knee 1-2, finish groups 3-6, everyone snake L close 7-8
- 8* Transition to triangle: L foot, L hand on hip R arms swings LRL 1-3, pull up to box on 4, repeat 5-7, jump parallel 8
- 8 Ripple F-B hitting levels, arms make K with flexed wrists 1-4, R foot crosses front 5-6, pencil turn to back 7-8
- 8 Groups odds & evens 1/3: arms circle in touchdown as body isolates out to R 1-2, daggers at shoulders as body isolates 3-4, arms back at touchdown for isolation on 5-6, stepping to second R foot 7, L foot 8
- 8 Arms pull up pants on R contraction &1, L side &2, shoulders switch as drive car 3-4, repeat starting on L &5, switch R &6, shoulders 7-8
- 8 Knees swing out & in as arms swing from low V to L box in front 1-2, switching sides 3-4, stepping L R arms pulls from box above head 5-6, R side 7-8
- 8 "Party"/ freestyle clap transition back to staggered lines for repeat 1-8
- 8888888 Repeat *
- 8 Groups 1/3: arms touchdown repeat body isolation first 1-2, pivot turns on 5-6, finish groups 7-8
- 4 Step out RL punching arms behind leg 1-2, hips & shoulders articulate down to knee 3&, head pop front 4

Too Close
Level 3-4 Officer Jazz
Choreographed By: Jamie Drake

- 8 Hold 1-8
- 8 Slide hand down outside leg 1-4, up 5-8
- 4 Upper body curve to R 1-4
- 8 Slow walk grab stomach 1-3, reach up 5-6, arms down 7-8
- 8 Face front 2nd position 1-2, knee in & out & 3-4, swing hips 5-8
- 8 Walk forward 1-4, reach over 5-7, grab knee stomp prep & 8
- 8 Double pirouette 1-2, 2nd position 3, look R & front 4 plié under curve 5-6, assemble relevé 7, hold 8
- 8 Walk 1-2, chaîné reach up 3-4, walk 5-6, tilted battement 7, down 8
- 8 Prep 1, sauté both legs out 2-3, roll to front 4-6, stand reach forward arch 7-8
- 8 Walk back 1-4, push hair 5-7, pose 8
- 8 Ripple rolling into & out of floor 1-8
- 8 Groups 1/3/5: Walk 1-2, chassé 3-4, jeté 5-6, pose 7, hold 8
- 8 Arabesque turn 1, step 2, chase 3-4, run 5&, open 6, land 7, turn 8
- 8 Poses 1/3/5, jump together 7, grab ribs & contract & 8
- 8 Groups R-L: chassé 1-2, side contraction 3-4, reverse passé relevé arms out 5-8
- 8 Reach RLR 1-3, hold 4, prep 5, triple turn 6-8
- 8 Land in 2nd 1-2, walk 3-4, battement 5, pull through with arch 6-8
- 8 Groups 1/3/5: soutenu 1-2, low chaîné 3-4, jeté back attitude 5-6, roll to floor 7-8
- 8 Stand up 1-2, finish groups 3-6, turn over R shoulder & prep 7-8
- 8 Turns in 2nd 1-4, double 5-6, land in 2nd 7, jump together 8
- 8 Fosse walk 1-4, walk into clump 5-8
- 8 Reaches 1-4, triplet out 5&6, three step turn in 7&8
- 8 Grab partner's arm 1, arch 2, up 3, throw arm 4, walk 5-6, R snap 7, walk 8
- 3 Snake to front 1-3

Up
Level 3 Modern
Choreographed By: Roxanne Gage

Begin in group clumps of 6 or 8 facing back left corner

- 8 Hold 1-4, slide down arm 5-8
- 8 Pull hand 1-2, roll up 3-4, sway R 5-6, sway L 7-8
- 88888 Ripple: Step front chest lift, curve front, drip hand R & step L w/hand, throw R over to L, spiral R, turn L, run to L front diagonal steps, body roll to floor, extend legs sit, S sit bow, sit spin, step L, pitch R leg over, stand up, walk to back diagonal 4 steps
- 8 Sway pick up L 1-2, R 3-4, L 5-6, R 7-8
- 8 Group hold each other & walk back 1-4, upper back chest lift around 5-8
- 8 Curve over touch back chase RLR 1-3, separate to staggered lines 4-8
- 8 Chest lift 1-2, bow over 3-4, windmill turn R 5-8
- 8 Scoop around 1-2, grab shin 3-4, cross arms in & out step back 5-6, dive arms down curve 7-8
- 8 Groups 1/5: battement R leg side & up 1-2, lunge back 3-4, swim arm front 5-8
- 8 Continue groups: helicopter to floor 1-4, rond de jambe R leg through 5-6, push through 7-8
- 8 Continue groups: sit 1-4, stand 5-6, finish groups 7-8
- 8 Chest lift w/low arabesque 1-2, dip 3-4, turn around walk 5-6, open arabesque curly 7-8
- 8 Developpé 1-2, step RL in relevé 3-4, arms reach RL 5-6, chassé to R 7-8
- 8 Fouetté sauté arabesque arms up 1-2, chassé L 3-4, spin with chest lift 5-8
- 8 Triplet arabesque low reach 1-4, Groups 5/1: triplet or chase 5-8
- 8 Continue groups: gazelle leap 1-2, run 3-4, X turn leap 5-6, turn 7-8
- 8 Kick R leg around 1-2, run around to other corner 3-8
- 8 Running 1-4, chest lift 5, curve front 6, drip hand R 7,8
- 8 Step R w/ hand 1-2, throw R over to L 3-4, spiral R 5-6, turn L 7-8
- 8 Spiral down to floor 1-4, pitch L leg over 5-8
- 8 S sit bow over 1-4, 2nd group bows over 5-8

We Run the Night
Level 1-2 Officer Pom

Choreographed By: Kali Boyd, Robbyn Good

Begin in tight triangle

- 4 Hold 1-4
- 8 Groups 1/3/5: step clap to R then L facing back 1-4, low V pivot turn to front 5-6, jump to 2nd R rocket up 7-8
- 8 Finish groups 1-4, jump feet together switch arms to L rocket 4, Transition spreading out triangle: Indian 5, W 6, low V 7, close 8
- 8* Reach & pull L-R 1-2, switch sides 3-4, reach L across 5, switch R arm across L 6, cross L diagonal 7, straighten legs low V 8
- 8* Ripple R-L: slice arms up looking to R side feet together 1-4, sweep across R arm to "sweep table" turn over R to face back 5-8
- 8* Groups 1/3/5: diagonal bow & arrow R walking towards back 1, switch diagonal low 2, step feet to 2nd facing R side punch low diagonal 3, hold 4, K 5-6, circle to cheerio jump together 7-8
- 8* Walk back towards front shake palms 1-2, cross front 3, high V 4, finish parts 5-8
- 8* Punch R to L diagonal 1, back to R high V 2, switch L 3, high V 4, re-punch high V 5, T 6, low V 7, jump together poms to chest 8
- 8* Step forward R & punch L1-4, repeat to L 5-8
- 8 Transition to line: punch arms forward 1-2, close 3-4, circle arms clockwise 5-8
- 8 Continue transition shaking 1-4, pivot R to face L 5-6, close 7, hold 8
- 8 Ripple L-R: windmill arms to face back R in rocket head released 1-8
- 8 Ripple R-L: step R L leg punch L forward 1-6, palms over knees head down 7-8
- 8 Transition to staggered lines: swing R to high cheerio 1-2, swing down low cheerio 3-4, slice straight up 5-6, behind head 7, high V 8
- 8 R arm down jump out 1, drop L down 2, swing parallel to L 3, switch R 4, behind head to L 5-6, up & over to other side 7-8
- 8 Ball change L back clean arms 1-2, step L leg forward cross arms at chest 3, jeté high V 4-5, hold 6, jump out to 2nd hands on floor 7-8
- 8 Snake up 1-3, close forced arch low V 4, Transition back to triangle: re-punch R arm low V 5, L arm 6, low V 7, pockets 8,
- 8 Repeat previous transition arms again 1-4, pump R 5-6, pump L 7-8
- 888888 Repeat *
- 8 Repeat punch forward poms move in triangle tighter 1-2, clean 3-4, circle clockwise to ground 5-6, tuck 7, drop to high knees punch arms up rocket release head 8

What Makes You Beautiful
Pep Rally Jazz

Choreographed By: Jessie Heck, Hayley Hoffman, Luise Hooks, Kelsey Joseph, Sami
Mason, Krystal Royster

Begin in Triangle, levels

- 8 Hold 1-4, Groups: back look 5, middle look 6, front look 7, shake 8
- 8* Low & medium levels drape over 1-2 reach up 3 sit 4, High level hold 1 reach up 2-3 sit 4, three step turn to front 5-7, step 8
- 8* Groups 1/3/5: step out R 1, flick & cross 2, step L 3, passé to side 4, ball change reach up 5-6, step R 7, hit hips 8
- 8* finish other groups 1-4, point front 5-7, drop 8
- 8* Cross step L 1, jump L 2, cross R 3, jump reach front 4, Groups 5/6/7: release back, hold 8
- 8* Lift up R arm 1-2, pivot hair flip 3-4, step out swing R 5-6, L 7-8
- 8* Step R 1, pivot jump & wrap 2, chassé 3-4, step 5-6, jeté to tuck 7-8
- 8* Groups in levels 1/2/3: open to T 1, wrap 2, finish groups 3-4, body roll 5-8
- 8 Roll to back 1-4, Transition to staggered lines walk 5-8
- 8 Pull arms 1-4, R arm up 5, switch & sit 6, wrap switch feet 7, drop 8
- 8 Cross ball change R arms up 1-3, cross ball change L arms press 4-6, clean 7, prep with L arms 8
- 8 Pirouette 1-2, jump out 3-4, rond de jambe to front or back arms swing 5-8
- 8 Chainé 1-2, walk 3-4, battement arms press 5, step 6, step back 7, cut arms T or up 8
- 8 Walk back to triangle 1-4, pull arms 5-8
- 8 R arm up 1, switch 2, wrap 3, sit 4, repeat three step turn front 5-7, step 8
- 888888 Repeat * until groups finish, look front 5-6, R arm up 7, L 8
- 1 Drop & release 1

You make the Rain Fall
Level 3 Pom

Choreography By: Caitlin Hendricks, Cali Hoffman, Monique Jordan, Kacey Lee, Erica Trull

Begin in a triangle (point in the back), then staggered lines, and back to the beginning triangle.

- 8* Head roll shake 1-4, Groups L-R 5/7/1: twist torso cherrio 5, continue groups 6-8
- 8* Finish groups 1-2, hip roll & slice down side 3-4, step R punch 5, jump arms L 6, step L & rocket up 7, sit L low V R arm behind head 8
- 8* Lift hip R high V L to hip 1, switch arms 2, swing R parallel daggers 3, swing L 4, shake as R slices across 5, L slice 6, cross arms 7, jump together throw low V 8
- 8 Transition to staggered lines: shaking to chest 1-2, R cross low box L 3, switch 4, circle down & around 5, clap 6, repeat 7-8
- 8* Step T 1, drag L touchdown 2, ball change R arms break to side 3-4, Groups L-R 5/6/7: step R back head released poms top of head 5, finish groups 6-7, hold 8
- 8* Chassé back R L arm up 1-2, pull L to R pencil turn breaking L down 3-4, Groups R-L 5/6/7: jump 2nd look over L poms L hip 5, finish groups 6-7, hold 8
- 8* Step L punch R across 1, half pirouette turn break L up 2, chassé forward arms in opposition by lines, high or low V 3, T & 4, step L prep wrap R to tummy L to back 5, double pirouette half-T 6-7, jump 2nd w/ low V arms 8
- 8 Hinge R knee in R high V L to chest 1, switch 2, whip arms cross front 3, low V 4, hip dip R shaking poms 5-6, switch 7-8
- 8 Lines 1 & 2: pivot R throw to L 1-2, facing back step swing arms R 3, step swing arms 4, step side 5, jump together front touchdown 6, break bend & 7, tuck 8
Lines 3 & 4: ball change R back throwing arms 1-2, step forward swing arms 3, step swing arms 4, step R side 5, stay front touchdown 6, hold 7-8
- 8 Lines 1 & 2: 2nd slice high V 1-2, hold 3-4, step daggers 5, battement 6, tuck 7-8
Lines 3 & 4: break bend & 1, tuck 2, open to 2nd arms slicing to high V 3-4, hold 5-6, step L break arms to daggers 7, battement 8
- 8 Lines 3 & 4- continue tuck 1-2
Ripple L-R: high knees L w/ R out & rocket arms up slice low V shake 3-8
- 8 Sit roll back 1-4, pivot R 5-6, step R front pull R elbow half T 7, R high V 8
- 8 Step R crossing arms low 1, jump feet together low V 2, Transition back to Triangle: dagger L arm 3, switch 4, circle daggers to R 5-6, circle 7-8
- 8 Groups in lines 1/3: step R to side punch rocket towards L side 1-2, shift to R knee bending 3-4, tuck punch R towards L 5-6, open arms to L diagonal 7-8
- 8 Continue bug 1-2, open 2nd 3-4, snake up 5, sit in R hip/arms break through low V 6, finish groups 7-8
- 8 Hip roll dagger R 1, sit & switch 2, again 3-4, hold 5-6, step L & half T 7, break through L & dig R 8
- 8 Ripple L-R: step R side circle R to T shake 1-8
- 8 Ripple R-L: step R back R circles up & around shake 1-8
- 888888 Repeat * (no middle transition)
- 4 Circle R to low diagonal as you lean slightly over L 1-4